

Energy-momentum tensor and GPDS

The Energy-Momentum Tensor

$$T^{\mu\nu} = \begin{array}{c} \text{Energy Density} \quad \text{Momentum Density} \\ \begin{array}{cccc} T^{00} & T^{01} & T^{02} & T^{03} \\ T^{10} & T^{11} & T^{12} & T^{13} \\ T^{20} & T^{21} & T^{22} & T^{23} \\ T^{30} & T^{31} & T^{32} & T^{33} \end{array} \\ \begin{array}{c} \text{Energy Flux} \quad \text{Momentum Flux} \end{array} \end{array} \begin{array}{l} \text{— shear forces} \\ \text{— pressure} \end{array}$$

$$\langle N(p') | T_{q,g}^{\mu\nu} | N(p) \rangle$$

- Where does the spin of the proton come from?
- What are the mechanical properties (pressure, shear forces) inside the proton ?
- What is the origin of the proton mass?

Canonical Energy Momentum Tensor



Emmy Noether (1882-1935)

If a system has a continuous symmetry property, then there are corresponding quantities whose values are conserved in time

Translation invariance \longrightarrow Conservation of the canonical EMT $T_C^{\mu\nu}(x)$

Lorentz invariance \longrightarrow Conservation of the generalized Angular Momentum (AM) density

$$J_C^{\mu\alpha\beta}(x) = L_C^{\mu\alpha\beta} + S_C^{\mu\alpha\beta}$$

$$L_C^{\mu\alpha\beta}(x) = x^\alpha T_C^{\mu\beta}(x) - x^\beta T_C^{\mu\alpha}(x)$$

Space components: $J_C^i(x) = \frac{1}{2} \epsilon^{ijk} J_C^{0jk}(x)$

$$\vec{J}_C = \vec{L}_C + \vec{S}_C$$



Orbital AM Spin

$T_C^{\mu\nu}$ is in general neither gauge-invariant nor symmetric

$$T_C^{\mu\nu} - T_C^{\nu\mu} = -\partial_\lambda S_C^{\lambda\mu\nu}$$

Belinfante improved EMT

$$T_{\text{Bel}}^{\mu\nu}(x) = T_C^{\mu\nu}(x) + \partial_\lambda G^{\lambda\mu\nu}(x) \quad \text{with } G^{\lambda\mu\nu} = -G^{\mu\lambda\nu}$$

Belinfante generalized AM

$$J_{\text{Bel}}^{\mu\alpha\beta}(x) = J_C^{\mu\alpha\beta}(x) + \partial_\lambda [x^\alpha G^{\lambda\mu\beta}(x) - x^\beta G^{\lambda\mu\alpha}(x)]$$

with the super-potential

$$G^{\lambda\mu\nu}(x) = \frac{1}{2} [S_C^{\lambda\mu\nu}(x) - S_C^{\mu\nu\lambda}(x) - S_C^{\nu\mu\lambda}(x)] = -G^{\mu\lambda\nu}(x)$$



$$J_{\text{Bel}}^{\mu\alpha\beta}(x) = x^\alpha T_{\text{Bel}}^{\mu\beta}(x) - x^\beta T_{\text{Bel}}^{\mu\alpha}(x)$$

Canonical



Belinfante

in general not symmetric

$$T_C^{[\mu\nu]}(x) = -\partial_\alpha S^{\alpha\mu\nu}(x) \neq 0$$

$$[\mu\nu] = \mu\nu - \nu\mu$$

symmetric

$$T_{\text{Bel}}^{[\mu\nu]}(x) = 0$$

Canonical



Belinfante

in general not symmetric

symmetric

$$T_C^{[\mu\nu]}(x) = -\partial_\alpha S^{\alpha\mu\nu}(x) \neq 0$$

$$T_{\text{Bel}}^{[\mu\nu]}(x) = 0$$

$$[\mu\nu] = \mu\nu - \nu\mu$$

clear distinction between OAM and spin
at the density level

purely OAM density

$$J_C^{\mu\alpha\beta}(x) = L_C^{\mu\alpha\beta}(x) + S_C^{\mu\alpha\beta}(x)$$

$$J_{\text{Bel}}^{\mu\alpha\beta}(x) = x^\alpha T_{\text{Bel}}^{\mu\beta}(x) - x^\beta T_{\text{Bel}}^{\mu\alpha}(x)$$

$$L_C^{\mu\alpha\beta}(x) = x^\alpha T_C^{\mu\beta}(x) - x^\beta T_C^{\mu\alpha}(x)$$

Canonical



Belinfante

in general not symmetric

symmetric

$$T_C^{[\mu\nu]}(x) = -\partial_\alpha S^{\alpha\mu\nu}(x) \neq 0$$

$$T_{\text{Bel}}^{[\mu\nu]}(x) = 0$$

$$[\mu\nu] = \mu\nu - \nu\mu$$

clear distinction between OAM and spin
at the density level

purely OAM density

$$J_C^{\mu\alpha\beta}(x) = L_C^{\mu\alpha\beta}(x) + S_C^{\mu\alpha\beta}(x)$$

$$J_{\text{Bel}}^{\mu\alpha\beta}(x) = x^\alpha T_{\text{Bel}}^{\mu\beta}(x) - x^\beta T_{\text{Bel}}^{\mu\alpha}(x)$$

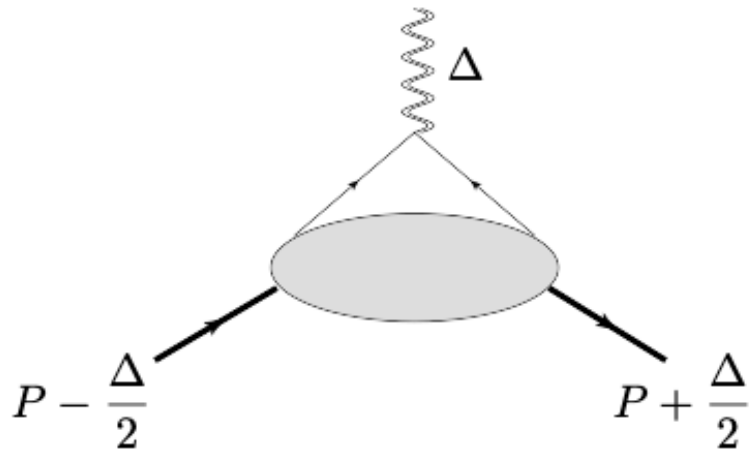
$$L_C^{\mu\alpha\beta}(x) = x^\alpha T_C^{\mu\beta}(x) - x^\beta T_C^{\mu\alpha}(x)$$

The total charge does not change:

$$\int T_C^{0\nu} d^3x = \int T_{\text{Bel}}^{0\nu} d^3x$$

$$\int J_C^{0\alpha\beta} d^3x = \int J_{\text{Bel}}^{0\alpha\beta} d^3x$$

Form Factors of the EMT



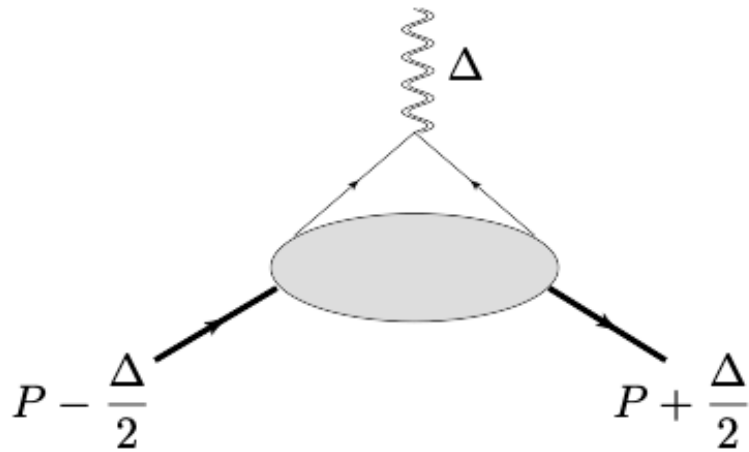
Nucleon in external classical gravitational field

G couples to **energy-momentum tensor**
(symmetric-Belinfante)

$$\begin{aligned} & \langle P + \frac{\Delta}{2} | T^{\mu\nu} | P - \frac{\Delta}{2} \rangle \\ &= \bar{u}(P + \frac{\Delta}{2}) \left\{ A(t) \frac{\gamma^{\{\mu} P^{\nu\}}}{2} + B(t) P^{\{\mu} i\sigma^{\nu\}\alpha} \frac{\Delta_\alpha}{4M} \right. \\ & \quad \left. + D(t) (\Delta^\mu \Delta^\nu - \Delta^2 g^{\mu\nu}) \frac{1}{4M} \right\} u(P - \frac{\Delta}{2}) \end{aligned}$$

$$\{\mu, \nu\} \equiv (\mu\nu + \nu\mu)$$

Form Factors of the EMT



Nucleon in external classical gravitational field

G couples to **energy-momentum tensor**
(symmetric-Belinfante)

$$\langle P + \frac{\Delta}{2} | T^{\mu\nu} | P - \frac{\Delta}{2} \rangle$$

$$= \bar{u}(P + \frac{\Delta}{2}) \left\{ A(t) \frac{\gamma^{\{\mu} P^{\nu\}}}{2} + B(t) P^{\{\mu} i\sigma^{\nu\}\alpha} \frac{\Delta_\alpha}{4M} + D(t) (\Delta^\mu \Delta^\nu - \Delta^2 g^{\mu\nu}) \frac{1}{4M} \right\} u(P - \frac{\Delta}{2})$$

$$\{\mu, \nu\} \equiv (\mu\nu + \nu\mu)$$

Gordon identity

$$\bar{u}' \gamma^\mu u = \bar{u}' \left(\frac{P^\mu}{M} + i\sigma^{\mu\alpha} \frac{\Delta_\alpha}{2M} \right) u$$

$$= \bar{u}(P + \frac{\Delta}{2}) \left\{ A(t) P^\mu P^\nu / M + (A(t) + B(t)) P^{\{\mu} i\sigma^{\nu\}\alpha} \frac{\Delta_\alpha}{4M} + D(t) (\Delta^\mu \Delta^\nu - \Delta^2 g^{\mu\nu}) \frac{1}{4M} \right\} u(P - \frac{\Delta}{2})$$

Momentum sum rule

$$\langle P | \hat{P}^\nu | P \rangle = \langle P | \int d^3 \vec{x} T^{0\nu}(x) | P \rangle$$

Momentum sum rule

$$\begin{aligned}\langle P | \hat{P}^\nu | P \rangle &= \langle P | \int d^3 \vec{x} T^{0\nu}(x) | P \rangle \\ &= \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2} | \int d^3 \vec{x} T^{0\nu}(x) | P - \frac{\Delta}{2} \rangle\end{aligned}$$

Momentum sum rule

$$\begin{aligned}\langle P | \hat{P}^\nu | P \rangle &= \langle P | \int d^3 \vec{x} T^{0\nu}(x) | P \rangle \\ &= \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2} | \int d^3 \vec{x} T^{0\nu}(x) | P - \frac{\Delta}{2} \rangle \\ &= \lim_{\Delta \rightarrow 0} \int d^3 \vec{x} e^{-i\vec{x} \cdot \vec{\Delta}} \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle\end{aligned}$$

Momentum sum rule

$$\begin{aligned}\langle P | \hat{P}^\nu | P \rangle &= \langle P | \int d^3 \vec{x} T^{0\nu}(x) | P \rangle \\ &= \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2} | \int d^3 \vec{x} T^{0\nu}(x) | P - \frac{\Delta}{2} \rangle \\ &= \lim_{\Delta \rightarrow 0} \int d^3 \vec{x} e^{-i\vec{x} \cdot \vec{\Delta}} \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle \\ &= \lim_{\Delta \rightarrow 0} (2\pi)^3 \delta^3(\vec{\Delta}) \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle\end{aligned}$$

Momentum sum rule

$$\begin{aligned}
 \langle P | \hat{P}^\nu | P \rangle &= \langle P | \int d^3 \vec{x} T^{0\nu}(x) | P \rangle \\
 &= \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2} | \int d^3 \vec{x} T^{0\nu}(x) | P - \frac{\Delta}{2} \rangle \\
 &= \lim_{\Delta \rightarrow 0} \int d^3 \vec{x} e^{-i\vec{x} \cdot \vec{\Delta}} \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle \\
 &= \lim_{\Delta \rightarrow 0} (2\pi)^3 \delta^3(\vec{\Delta}) \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle
 \end{aligned}$$

Recall that:

$$\begin{aligned}
 &\langle p', s' | T_{\text{Bel},a}^{\mu\nu}(0) | p, s \rangle \\
 &= \bar{u}(p', s') \left[\frac{P^{\{\mu\gamma\nu\}}}{2} A_a(t) + \frac{P^{\{\mu i\sigma\nu\}} \Delta}{4M} B_a(t) + \frac{\Delta^\mu \Delta^\nu - g^{\mu\nu} \Delta^2}{4M} D_a(t) + M g^{\mu\nu} \bar{C}_a(t) \right] u(p, s)
 \end{aligned}$$

Momentum sum rule

$$\begin{aligned}\langle P | \hat{P}^\nu | P \rangle &= \langle P | \int d^3 \vec{x} T^{0\nu}(x) | P \rangle \\ &= \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2} | \int d^3 \vec{x} T^{0\nu}(x) | P - \frac{\Delta}{2} \rangle \\ &= \lim_{\Delta \rightarrow 0} \int d^3 \vec{x} e^{-i\vec{x} \cdot \vec{\Delta}} \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle \\ &= \lim_{\Delta \rightarrow 0} (2\pi)^3 \delta^3(\vec{\Delta}) \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle\end{aligned}$$

Momentum sum rule

$$\begin{aligned}\langle P | \hat{P}^\nu | P \rangle &= \langle P | \int d^3 \vec{x} T^{0\nu}(x) | P \rangle \\ &= \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2} | \int d^3 \vec{x} T^{0\nu}(x) | P - \frac{\Delta}{2} \rangle \\ &= \lim_{\Delta \rightarrow 0} \int d^3 \vec{x} e^{-i\vec{x} \cdot \vec{\Delta}} \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle \\ &= \lim_{\Delta \rightarrow 0} (2\pi)^3 \delta^3(\vec{\Delta}) \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle \\ &= A(0) P^\nu (2P^0) (2\pi)^3 \delta^3(0)\end{aligned}$$

Momentum sum rule

$$\begin{aligned}\langle P | \hat{P}^\nu | P \rangle &= \langle P | \int d^3 \vec{x} T^{0\nu}(x) | P \rangle \\ &= \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2} | \int d^3 \vec{x} T^{0\nu}(x) | P - \frac{\Delta}{2} \rangle \\ &= \lim_{\Delta \rightarrow 0} \int d^3 \vec{x} e^{-i\vec{x} \cdot \vec{\Delta}} \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle \\ &= \lim_{\Delta \rightarrow 0} (2\pi)^3 \delta^3(\vec{\Delta}) \langle P + \frac{\Delta}{2} | T^{0\nu}(0) | P - \frac{\Delta}{2} \rangle \\ &= A(0) P^\nu (2P^0) (2\pi)^3 \delta^3(0) \\ &= A(0) P^\nu \langle P | P \rangle\end{aligned}$$

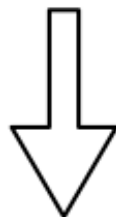
Momentum sum rule

$$\langle P|\hat{P}^\nu|P\rangle = A(0)P^\nu \langle P|P\rangle \qquad \langle P|\hat{P}^\nu|P\rangle = P^\nu \langle P|P\rangle$$

Momentum sum rule

$$\langle P | \hat{P}^\nu | P \rangle = A(0) P^\nu \langle P | P \rangle$$

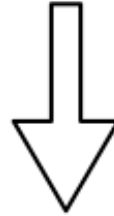
$$\langle P | \hat{P}^\nu | P \rangle = P^\nu \langle P | P \rangle$$



$$A(0) = 1$$

Momentum sum rule

$$\langle P | \hat{P}^\nu | P \rangle = A(0) P^\nu \langle P | P \rangle \qquad \langle P | \hat{P}^\nu | P \rangle = P^\nu \langle P | P \rangle$$



$$A(0) = 1$$

- Polinomiality: $\int dx x H(x, \xi, t) = A(t) + D(t) \xi^2$
- Physical interpretation in terms of:

$$\text{Quarks} \quad A^q(0) = \int dx x H^q(x, 0, 0)$$

&

$$\text{Gluons} \quad A^g(0) = \int dx x H^g(x, 0, 0)$$

- Total system: Momentum conservation

$$A^q(0) + A^g(0) = 1$$

Angular Momentum sum rule

Consider nucleon in the rest frame: $P^\mu = (M, 0, 0, 0)$ $S^\mu = (0, 0, 0, 1)$

Angular Momentum sum rule

Consider nucleon in the rest frame: $P^\mu = (M, 0, 0, 0)$ $S^\mu = (0, 0, 0, 1)$

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

Angular Momentum sum rule

Consider nucleon in the rest frame: $P^\mu = (M, 0, 0, 0)$ $S^\mu = (0, 0, 0, 1)$

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

Recall that: $\hat{J}^i = \frac{1}{2} \epsilon_{ijk} \int d^3 \vec{x} J^{0jk}(x)$

$$J^{0jk}(x) = x^i T^{0j} - x^j T^{0i}$$

Angular Momentum sum rule

Consider nucleon in the rest frame: $P^\mu = (M, 0, 0, 0)$ $S^\mu = (0, 0, 0, 1)$

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

Recall that: $\hat{J}^i = \frac{1}{2} \epsilon_{ijk} \int d^3 \vec{x} J^{0jk}(x)$

$$J^{0jk}(x) = x^i T^{0j} - x^j T^{0i}$$

$$= \epsilon_{ij3} \langle P, \frac{1}{2} | \int d^3 \vec{x} x^i T^{0j}(x) | P, \frac{1}{2} \rangle$$

Angular Momentum sum rule

Consider nucleon in the rest frame: $P^\mu = (M, 0, 0, 0)$ $S^\mu = (0, 0, 0, 1)$

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

Recall that: $\hat{J}^i = \frac{1}{2} \epsilon_{ijk} \int d^3 \vec{x} J^{0jk}(x)$

$$J^{0jk}(x) = x^i T^{0j} - x^j T^{0i}$$

$$= \epsilon_{ij3} \langle P, \frac{1}{2} | \int d^3 \vec{x} x^i T^{0j}(x) | P, \frac{1}{2} \rangle$$

$$= \epsilon_{ij3} \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2}, \frac{1}{2} | \int d^3 \vec{x} x^i T^{0j}(x) | P - \frac{\Delta}{2}, \frac{1}{2} \rangle$$

Angular Momentum sum rule

Consider nucleon in the rest frame: $P^\mu = (M, 0, 0, 0)$ $S^\mu = (0, 0, 0, 1)$

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

Recall that: $\hat{J}^i = \frac{1}{2} \epsilon_{ijk} \int d^3 \vec{x} J^{0jk}(x)$

$$J^{0jk}(x) = x^i T^{0j} - x^j T^{0i}$$

$$= \epsilon_{ij3} \langle P, \frac{1}{2} | \int d^3 \vec{x} x^i T^{0j}(x) | P, \frac{1}{2} \rangle$$

$$= \epsilon_{ij3} \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2}, \frac{1}{2} | \int d^3 \vec{x} x^i T^{0j}(x) | P - \frac{\Delta}{2}, \frac{1}{2} \rangle$$

$$= \epsilon_{ij3} \lim_{\Delta \rightarrow 0} \int d^3 \vec{x} x^i e^{-i\vec{x} \cdot \vec{\Delta}} \langle P + \frac{\Delta}{2}, \frac{1}{2} | T^{0j}(0) | P - \frac{\Delta}{2}, \frac{1}{2} \rangle$$

Angular Momentum sum rule

Consider nucleon in the rest frame: $P^\mu = (M, 0, 0, 0)$ $S^\mu = (0, 0, 0, 1)$

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle \quad \text{Recall that: } \hat{J}^i = \frac{1}{2} \epsilon_{ijk} \int d^3 \vec{x} J^{0jk}(x)$$

$$J^{0jk}(x) = x^i T^{0j} - x^j T^{0i}$$

$$= \epsilon_{ij3} \langle P, \frac{1}{2} | \int d^3 \vec{x} x^i T^{0j}(x) | P, \frac{1}{2} \rangle$$

$$= \epsilon_{ij3} \lim_{\Delta \rightarrow 0} \langle P + \frac{\Delta}{2}, \frac{1}{2} | \int d^3 \vec{x} x^i T^{0j}(x) | P - \frac{\Delta}{2}, \frac{1}{2} \rangle$$

$$= \epsilon_{ij3} \lim_{\Delta \rightarrow 0} \int d^3 \vec{x} x^i e^{-i\vec{x} \cdot \vec{\Delta}} \langle P + \frac{\Delta}{2}, \frac{1}{2} | T^{0j}(0) | P - \frac{\Delta}{2}, \frac{1}{2} \rangle$$

$$= \epsilon_{ij3} \lim_{\Delta \rightarrow 0} \left[i \frac{\partial}{\partial \Delta^i} (2\pi)^3 \delta^3(\vec{\Delta}) \right] \langle P + \frac{\Delta}{2}, \frac{1}{2} | T^{0j}(0) | P - \frac{\Delta}{2}, \frac{1}{2} \rangle$$

Angular Momentum sum rule

$$\begin{aligned}
 = & \epsilon_{ij3} \lim_{\Delta \rightarrow 0} (2\pi)^3 \delta^3(\vec{\Delta}) \left(-i \frac{\partial}{\partial \Delta^i} \right) \left\{ [A(t) + B(t)] \bar{u}(p', 1/2) P^{\{0i\sigma^j\}\alpha} \frac{\Delta_\alpha}{4M} u(p, \frac{1}{2}) \right. \\
 & \qquad \qquad \qquad + \text{terms independent of } \Delta \\
 & \qquad \qquad \qquad \left. + \text{terms quadratic in } \Delta \right\}
 \end{aligned}$$

$$\begin{aligned}
 = & \epsilon_{ij3} (2\pi)^3 \delta^3(0) [A(0) + B(0)] \left(-\frac{1}{4M} \right) \bar{u}(P, \frac{1}{2}) \{ P^0 \sigma^{ji} + P^j \sigma^{0i} \} u(P, \frac{1}{2}) \\
 & \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \downarrow \qquad \qquad \qquad \downarrow \qquad \qquad \text{in rest frame} \\
 & \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad M \qquad \qquad \qquad 0
 \end{aligned}$$

$$\begin{aligned}
 = & (2\pi)^3 \delta^3(0) [A(0) + B(0)] \left(\frac{1}{2M} \right) M \bar{u}(P, \frac{1}{2}) \underbrace{\sigma^{12}}_{2M \text{ in rest frame}} u(P, \frac{1}{2})
 \end{aligned}$$

$$= \frac{1}{2} [A(0) + B(0)] \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

Angular Momentum sum rule

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle = \frac{1}{2} [A(0) + B(0)] \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

$$J = \frac{1}{2} [A(0) + B(0)]$$

Angular Momentum sum rule

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle = \frac{1}{2} [A(0) + B(0)] \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

$$J = \frac{1}{2} [A(0) + B(0)]$$

- Total system: Angular Momentum conservation

$$A(0) + B(0) = 1$$

Angular Momentum sum rule

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle = \frac{1}{2} [A(0) + B(0)] \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

$$J = \frac{1}{2} [A(0) + B(0)]$$

- Total system: Angular Momentum conservation

$$A(0) + B(0) = 1$$

- Polinomiality: $\int dx x H(x, \xi, t) = A(t) + D(t) \xi^2$ $\int dx x E(x, \xi, t) = B(t) - D(t) \xi^2$

Angular Momentum sum rule

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle = \frac{1}{2} [A(0) + B(0)] \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

$$J = \frac{1}{2} [A(0) + B(0)]$$

- Total system: Angular Momentum conservation

$$A(0) + B(0) = 1$$

- Polinomiality: $\int dx x H(x, \xi, t) = A(t) + D(t) \xi^2$ $\int dx x E(x, \xi, t) = B(t) - D(t) \xi^2$

- Angular momentum sum rule (Ji's relation)

$$J^{q,g} = \frac{1}{2} [A^{q,g}(0) + B^{q,g}(0)] = \frac{1}{2} \int dx x (H^{q,g}(x, \xi, 0) + E^{q,g}(x, \xi, 0))$$

Angular Momentum sum rule

$$\langle P, \frac{1}{2} | \hat{J}^3 | P, \frac{1}{2} \rangle = J \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle = \frac{1}{2} [A(0) + B(0)] \langle P, \frac{1}{2} | P, \frac{1}{2} \rangle$$

$$J = \frac{1}{2} [A(0) + B(0)]$$

- Total system: Angular Momentum conservation

$$A(0) + B(0) = 1$$

- Polinomiality: $\int dx x H(x, \xi, t) = A(t) + D(t) \xi^2$ $\int dx x E(x, \xi, t) = B(t) - D(t) \xi^2$

- Angular momentum sum rule (Ji's relation)

$$J^{q,g} = \frac{1}{2} [A^{q,g}(0) + B^{q,g}(0)] = \frac{1}{2} \int dx x (H^{q,g}(x, \xi, 0) + E^{q,g}(x, \xi, 0))$$

- Momentum + Angular Momentum conservation \longrightarrow Gravitomagnetic sum rule

$$\begin{cases} A(0) = 1 \\ A(0) + B(0) = 1 \end{cases} \longrightarrow B(0) = 0$$

$$T_{\text{kin}}^{\mu\nu}(x) = T_{\text{kin},q}^{\mu\nu}(x) + T_{\text{kin},g}^{\mu\nu}$$

- Quark contribution: $T_{\text{kin},q}^{\mu\nu}(x) = \frac{1}{2}\bar{\psi}(x)\gamma^\mu i\overleftrightarrow{D}^\nu\psi(x)$ ($D^\mu = \partial^\mu + igA^\mu$)

$$\frac{1}{2}T_{\text{kin},q}^{\{\mu\nu\}}(x) = T_{\text{Bel},q}^{\mu\nu}(x)$$

$$\frac{1}{2}T_{\text{kin},q}^{[\mu\nu]}(x) = -\partial_\lambda S_q^{\lambda\mu\nu}(x)$$

$$S_q^{\lambda\mu\nu}(x) = \frac{1}{2}\epsilon^{\lambda\mu\nu\alpha}\bar{\psi}(x)\gamma_\alpha\gamma_5\psi(x)$$

$$T_{\text{kin}}^{\mu\nu}(x) = T_{\text{kin},q}^{\mu\nu}(x) + T_{\text{kin},g}^{\mu\nu}$$

- Quark contribution: $T_{\text{kin},q}^{\mu\nu}(x) = \frac{1}{2} \bar{\psi}(x) \gamma^\mu i \overleftrightarrow{D}^\nu \psi(x)$ ($D^\mu = \partial^\mu + igA^\mu$)

$$\frac{1}{2} T_{\text{kin},q}^{\{\mu\nu\}}(x) = T_{\text{Bel},q}^{\mu\nu}(x)$$

$$\frac{1}{2} T_{\text{kin},q}^{[\mu\nu]}(x) = -\partial_\lambda S_q^{\lambda\mu\nu}(x)$$

$$S_q^{\lambda\mu\nu}(x) = \frac{1}{2} \epsilon^{\lambda\mu\nu\alpha} \bar{\psi}(x) \gamma_\alpha \gamma_5 \psi(x)$$

- Gluon contribution: $T_{\text{kin},g}^{\mu\nu} = -2 \text{Tr}[F^{\mu\lambda}(x) F_\lambda^\nu(x)] + \frac{1}{2} g^{\mu\nu} \text{Tr}[F^{\rho\sigma}(x) F_{\rho\sigma}(x)]$

$$T_{\text{kin},g}^{\mu\nu}(x) = T_{\text{Bel},g}^{\mu\nu}(x)$$

$$T_{\text{kin}}^{\mu\nu}(x) = T_{\text{kin},q}^{\mu\nu}(x) + T_{\text{kin},g}^{\mu\nu}$$

- Quark contribution: $T_{\text{kin},q}^{\mu\nu}(x) = \frac{1}{2} \bar{\psi}(x) \gamma^\mu i \overleftrightarrow{D}^\nu \psi(x)$ ($D^\mu = \partial^\mu + igA^\mu$)

$$\frac{1}{2} T_{\text{kin},q}^{\{\mu\nu\}}(x) = T_{\text{Bel},q}^{\mu\nu}(x)$$

$$\frac{1}{2} T_{\text{kin},q}^{[\mu\nu]}(x) = -\partial_\lambda S_q^{\lambda\mu\nu}(x)$$

$$S_q^{\lambda\mu\nu}(x) = \frac{1}{2} \epsilon^{\lambda\mu\nu\alpha} \bar{\psi}(x) \gamma_\alpha \gamma_5 \psi(x)$$

- Gluon contribution: $T_{\text{kin},g}^{\mu\nu} = -2 \text{Tr}[F^{\mu\lambda}(x) F_\lambda^\nu(x)] + \frac{1}{2} g^{\mu\nu} \text{Tr}[F^{\rho\sigma}(x) F_{\rho\sigma}(x)]$

$$T_{\text{kin},g}^{\mu\nu}(x) = T_{\text{Bel},g}^{\mu\nu}(x)$$

Kinetic generalized AM

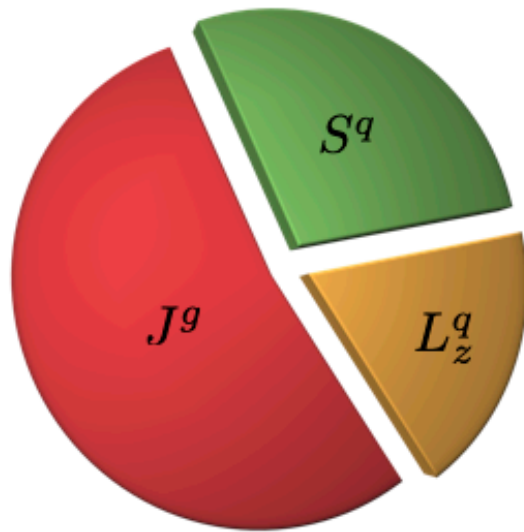
$$J_{\text{kin},q}^{\mu\alpha\beta}(x) = L_{\text{kin},q}^{\mu\alpha\beta}(x) + S_q^{\mu\alpha\beta}(x) \quad J_{\text{Bel},q}^{\mu\alpha\beta}(x) = J_{\text{kin},q}^{\mu\alpha\beta}(x) + \frac{1}{2} \partial_\lambda [x^\alpha S_q^{\lambda\mu\beta}(x) - x^\beta S_q^{\lambda\mu\alpha}(x)]$$

$$J^i = \frac{1}{2} \epsilon^{ijk} \int d^3x J^{0jk}$$

$$\int \vec{J}_{\text{Bel},q} d^3x = \int \vec{J}_{\text{kin},q} d^3x$$

equal total charge

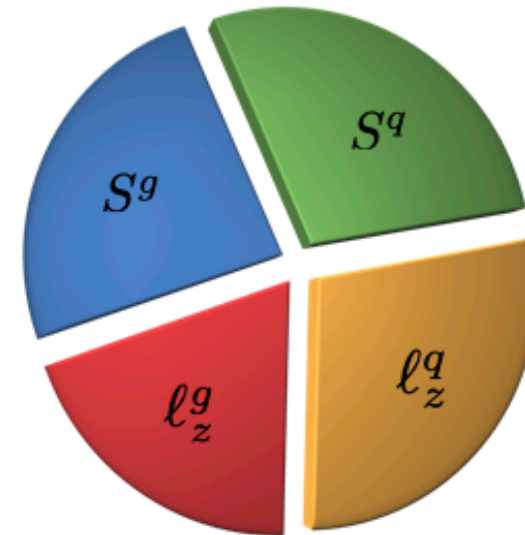
Ji (kinetic EMT) Sum Rule



$$\frac{1}{2} = S^q(\mu) + \underbrace{L_z^q(\mu) + J^g(\mu)}_{J^q}$$

- each term is gauge invariant
- frame independent
- it works also for the transverse AM in the infinite momentum frame
- J^q and J^g can be obtained from moments of GPDs

Jaffe-Manohar (canonical EMT) Sum Rule

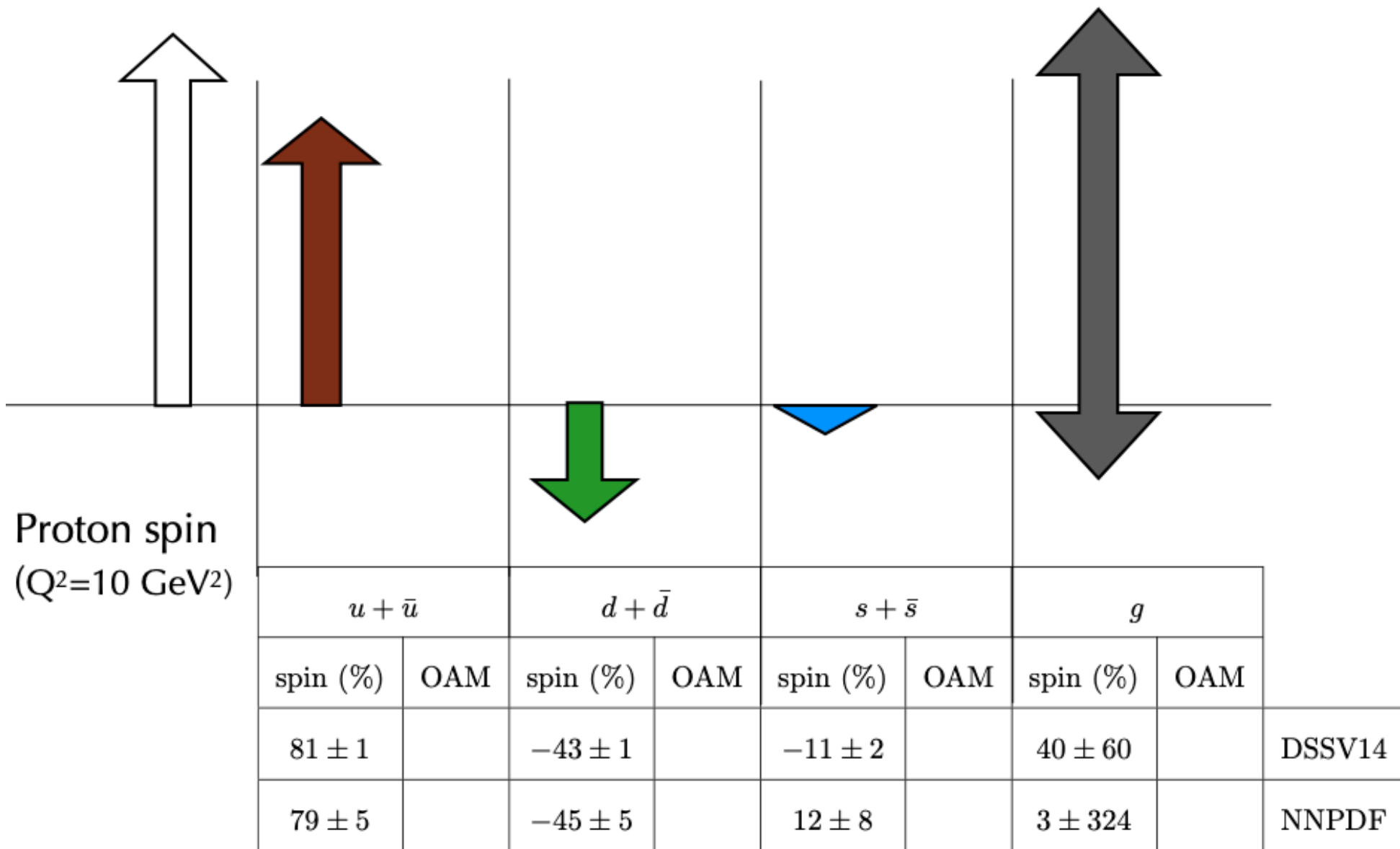


$$\frac{1}{2} = S^q(\mu) + \ell_z^q(\mu) + \ell_z^g(\mu) + S^g(\mu)$$

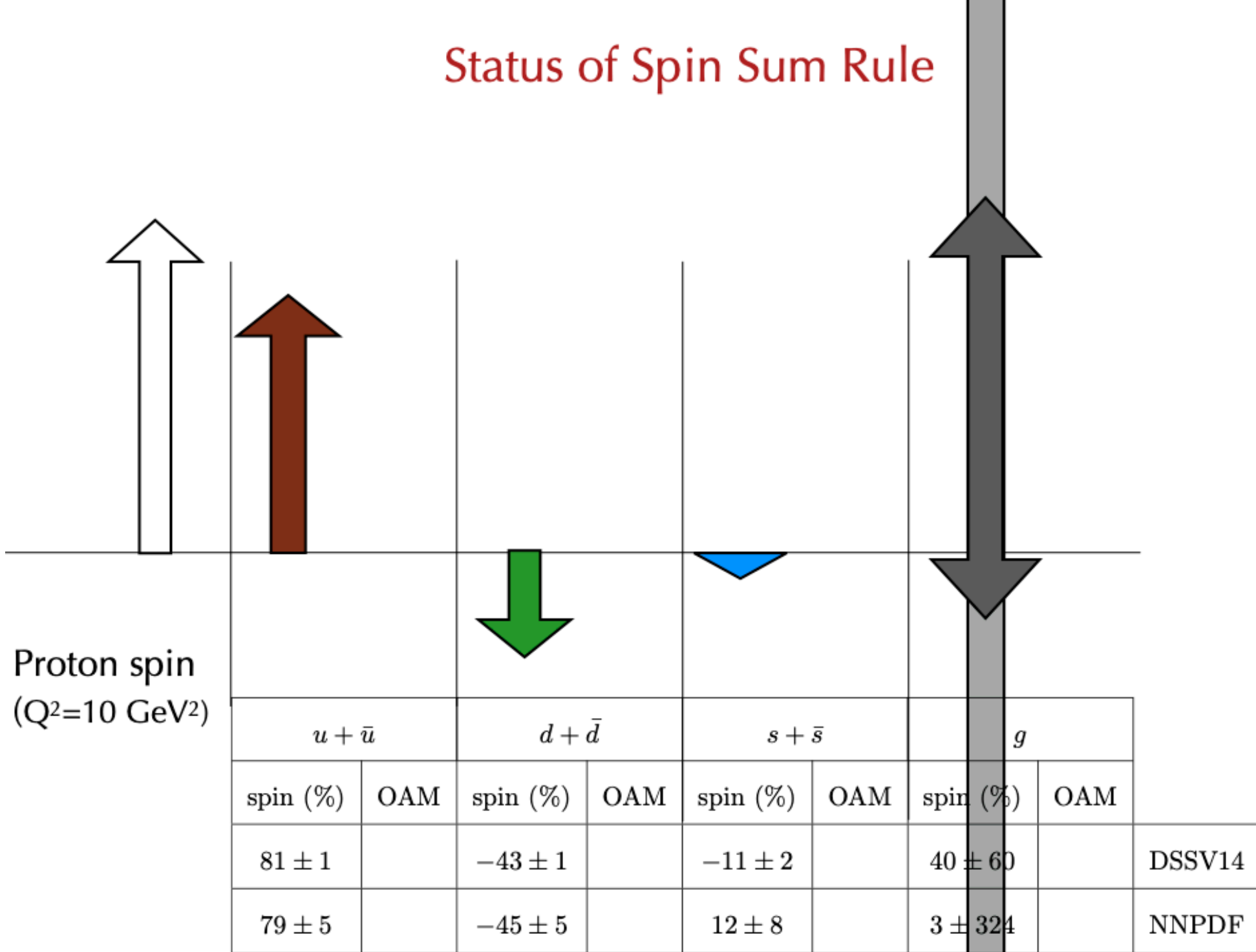
- ℓ_z^q, ℓ_z^g, S^g are gauge dependent, BUT measurable
- S^q, S^g can be obtained from pol. PDFs
- ℓ_z^q, ℓ_z^g can be obtained from twist-3 GPDs and Wigner distributions
- simple partonic interpretation in the IMF

$$\ell_z^q - l_z^{q,\text{pot}} = L_z^q \longrightarrow \ell_z^g + S^g + l_z^{q,\text{pot}} = J^g$$

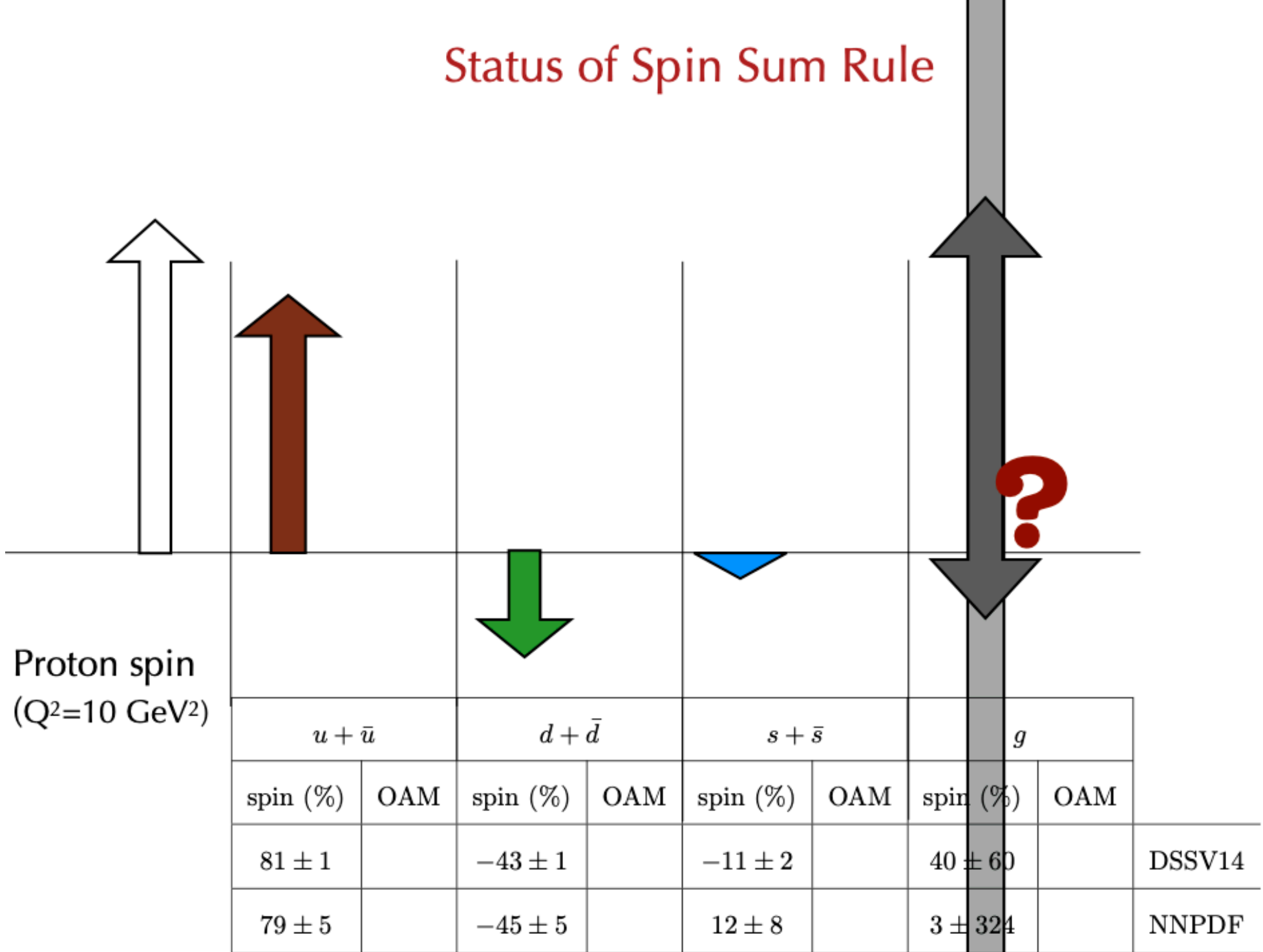
Status of Spin Sum Rule



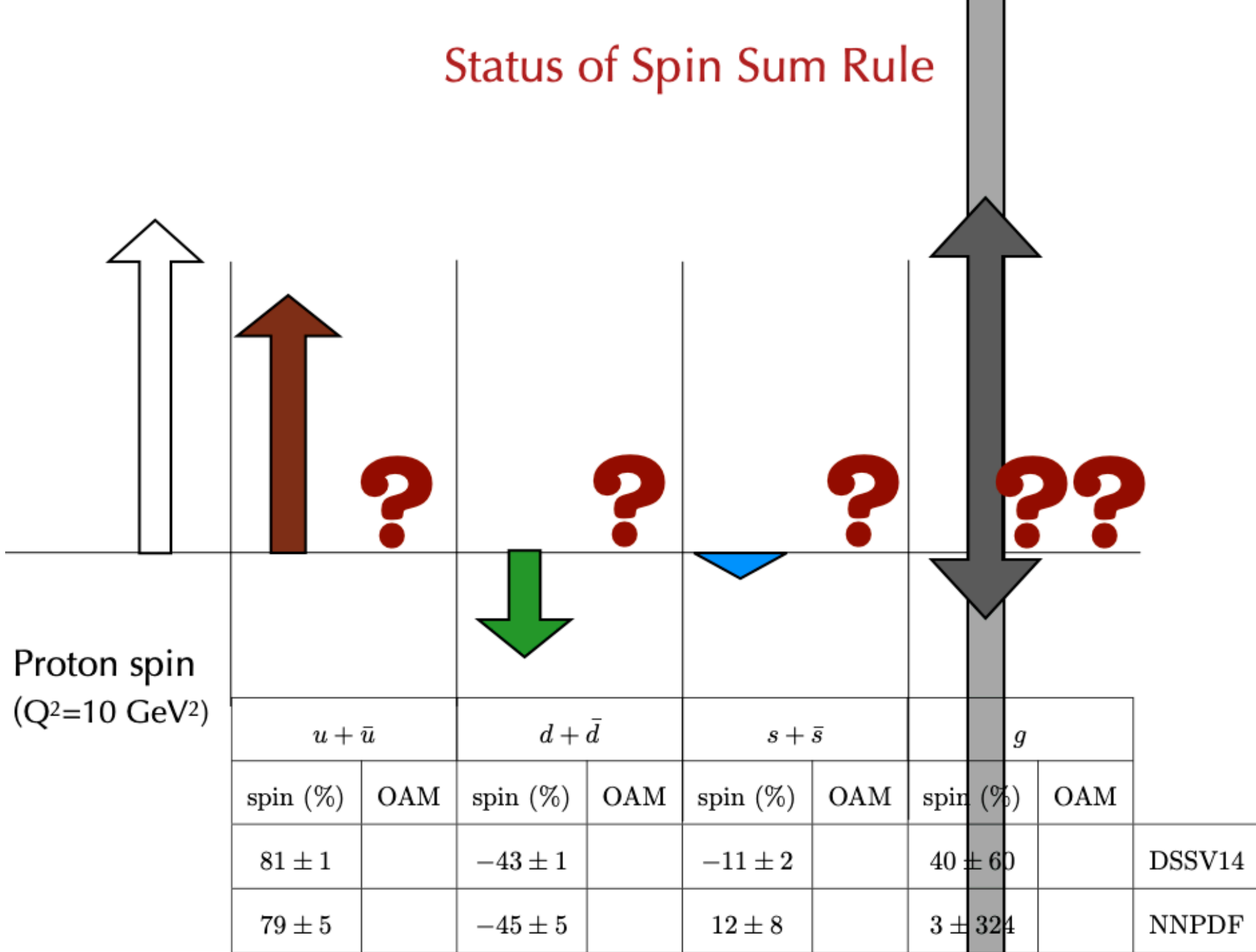
Status of Spin Sum Rule



Status of Spin Sum Rule

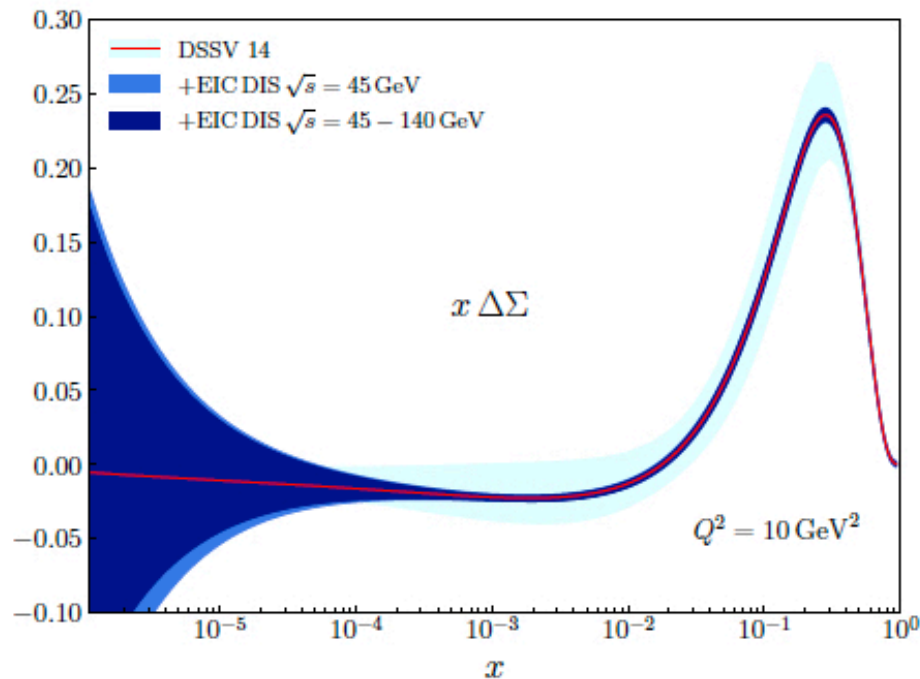


Status of Spin Sum Rule

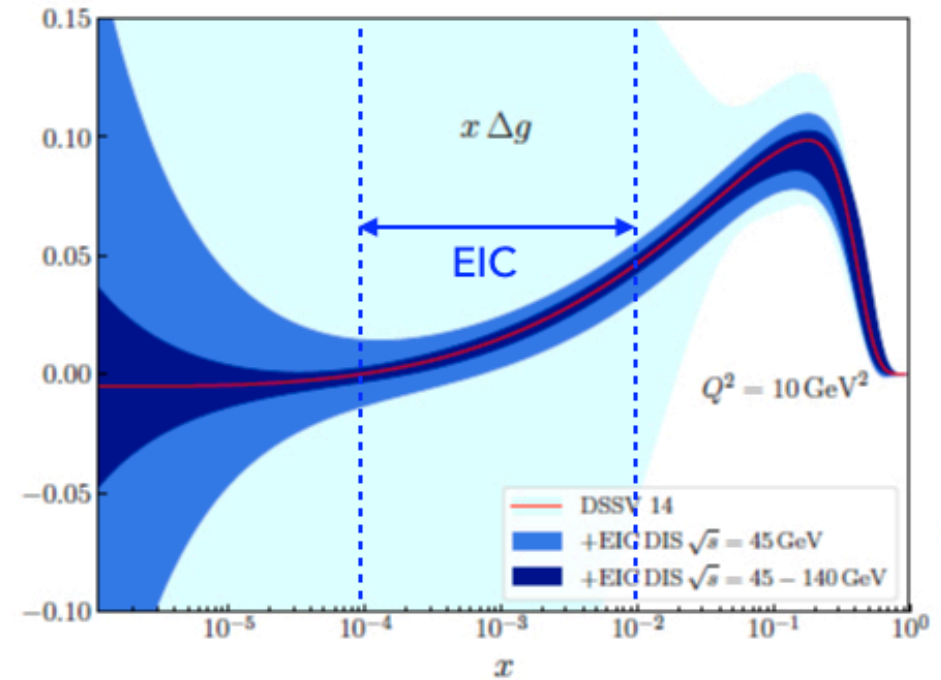


Impact of future EIC for quark and gluon spin contributions

Quark Spin



Gluon Spin



EIC Yellow Report: arXiv: 2103.05419

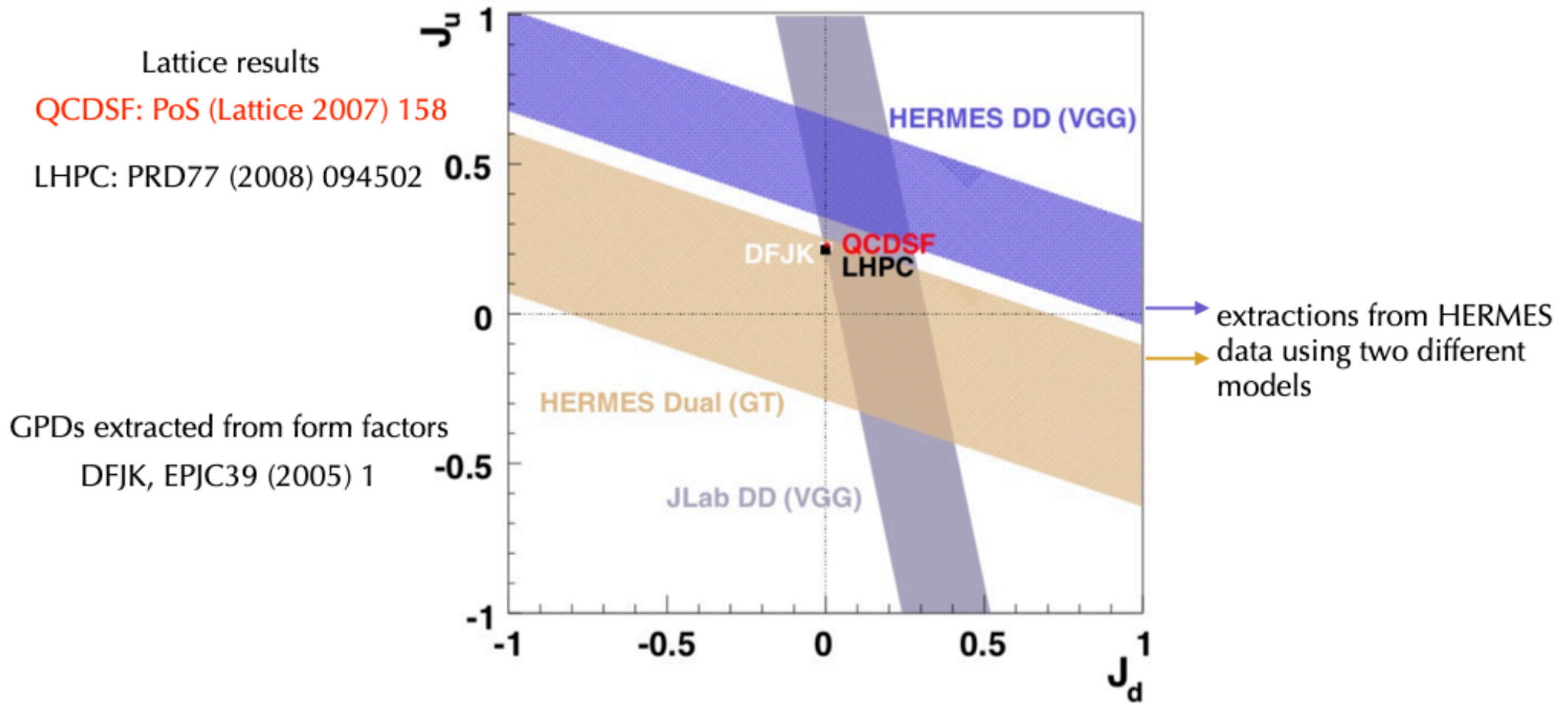
We are constantly improving the knowledge of the contributions to the spin of the nucleon

However the details on the flavor and sea contributions are still sketchy

What about a direct measurement of orbital angular momentum?

Orbital Angular momentum of the proton from available GPD measurements

$$J^{q,g} = \frac{1}{2} \int_{-1}^1 dx x (H^{q,g}(x, \xi, 0) + E^{q,g}(x, \xi, 0)) \quad L^q = J^q - S^q$$



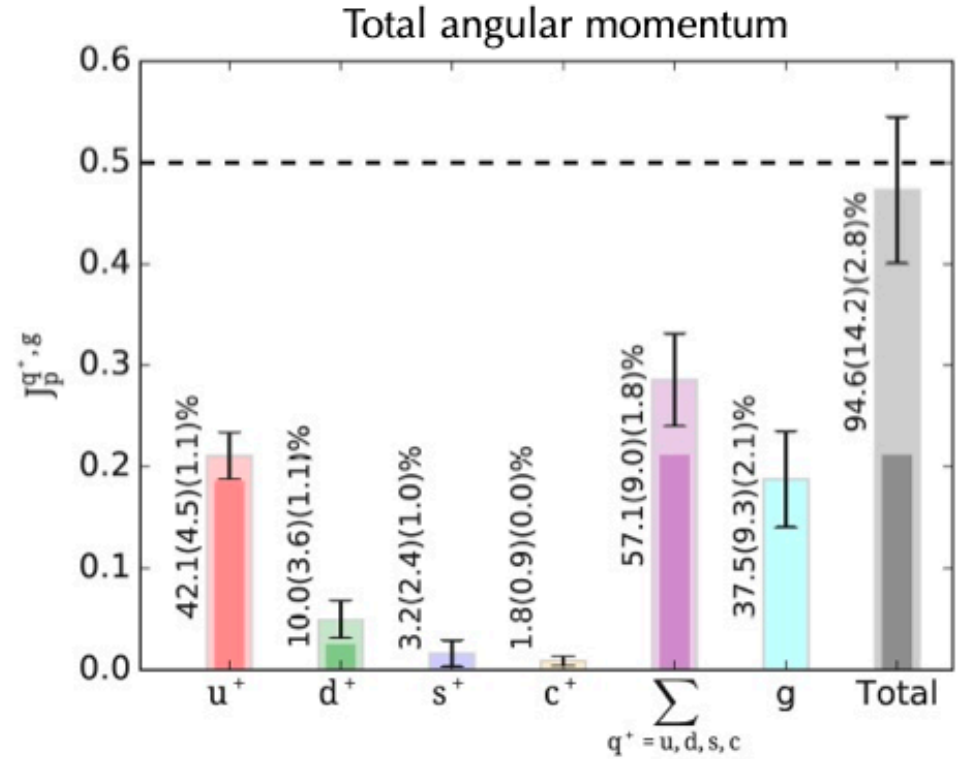
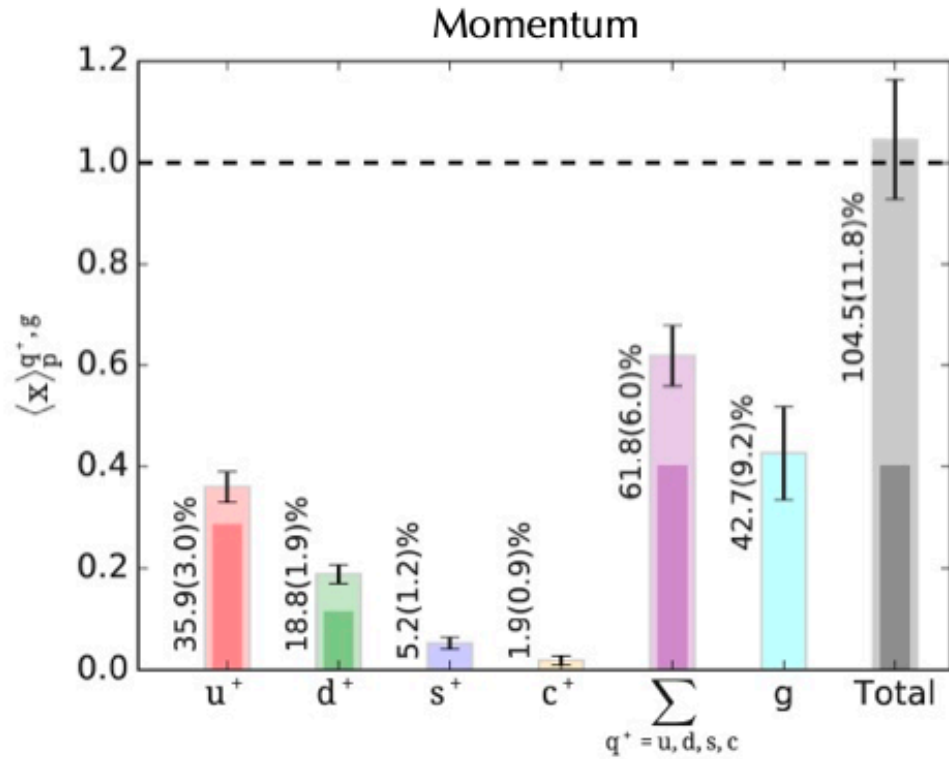
JLab Hall A, Phys. Rev. Lett. 99 (2007) 242501

Hermes Coll., JHEP 06 (2008) 066

Improved accuracy with JLab12 and future EIC measurements!

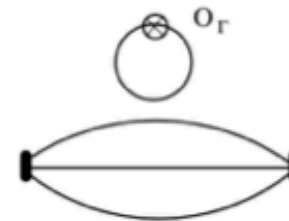
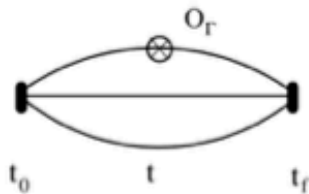
Sum rules from lattice QCD

- Results at **physical pion mass** at the scale of 2 GeV



- dark bars: connected

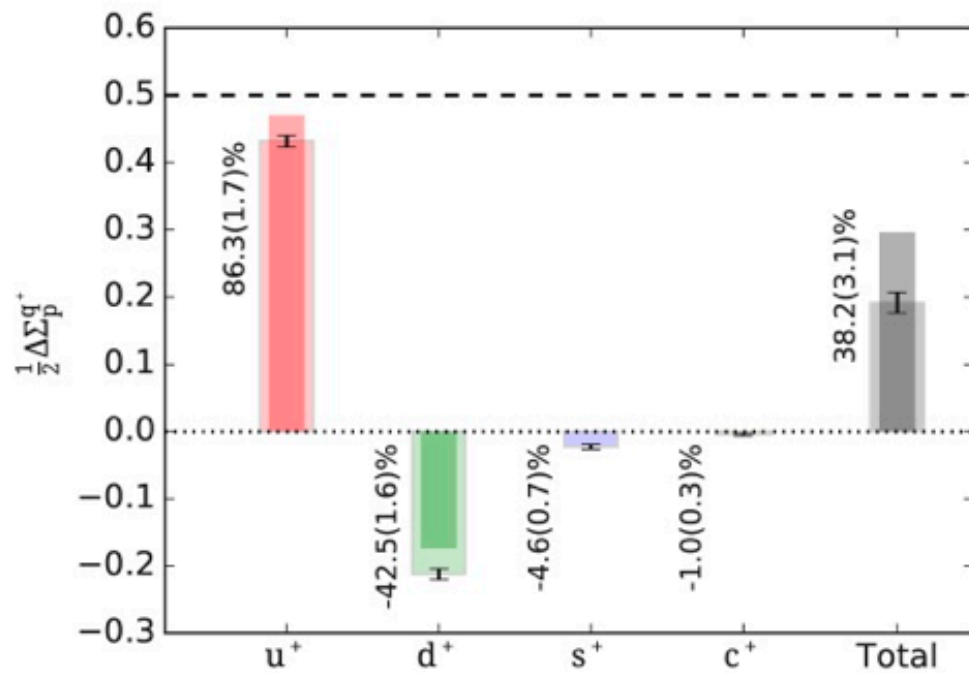
- light bars: disconnected contributions (quarks & gluons)



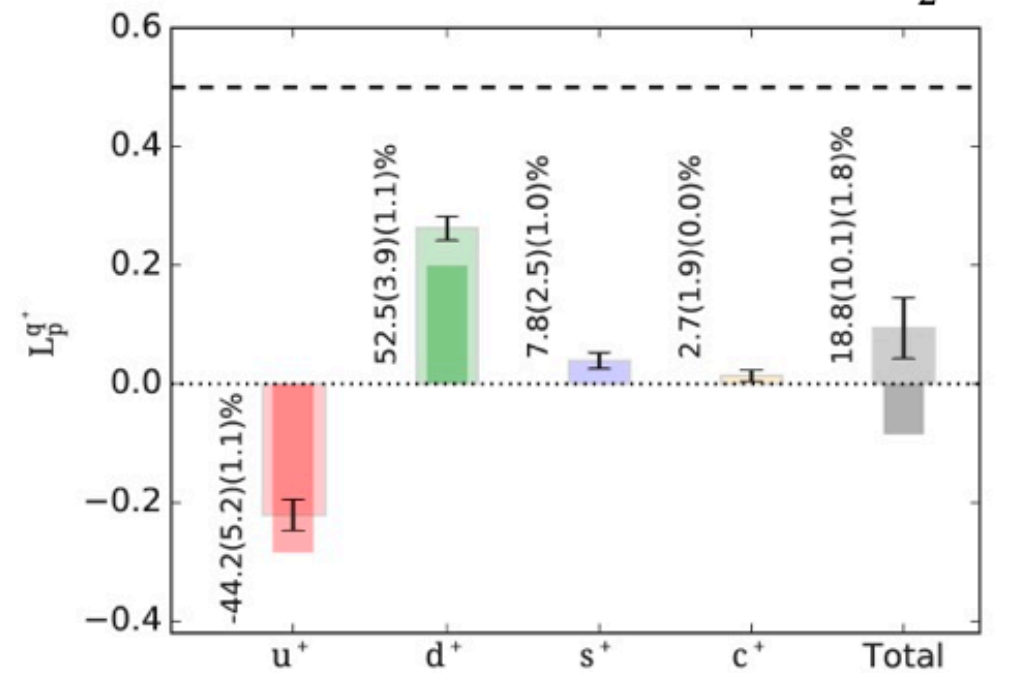
- gravitomagnetic sum rule: $\sum_{q=u,d,s} B^q(0) + B^g(0) = -0.099(91)(28)$

Spin and orbital angular momentum from lattice QCD

Quark spin

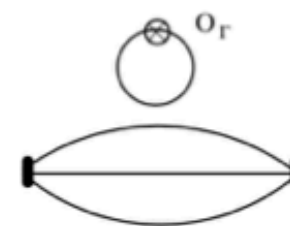
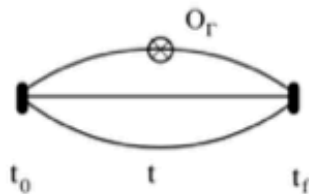


Quark orbital angular momentum $J^q - \frac{1}{2}\Delta\Sigma^q$



● dark bars: connected

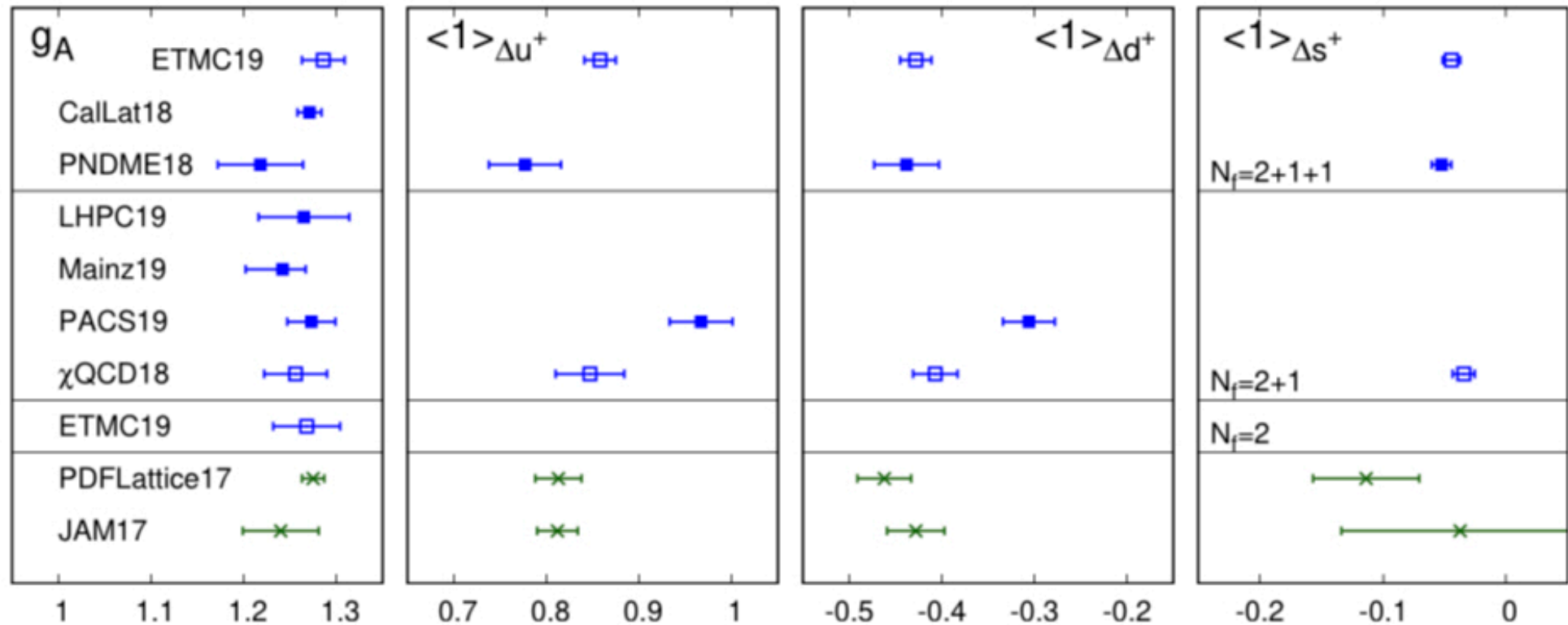
● light bars: disconnected contributions (quarks & gluons)



Comparison Lattice QCD and Phenomenology

$$g_A \equiv \langle 1 \rangle_{\Delta u^+} - \langle 1 \rangle_{\Delta d^+}$$

Quark spin $Q^2 = 4 \text{ GeV}^2$



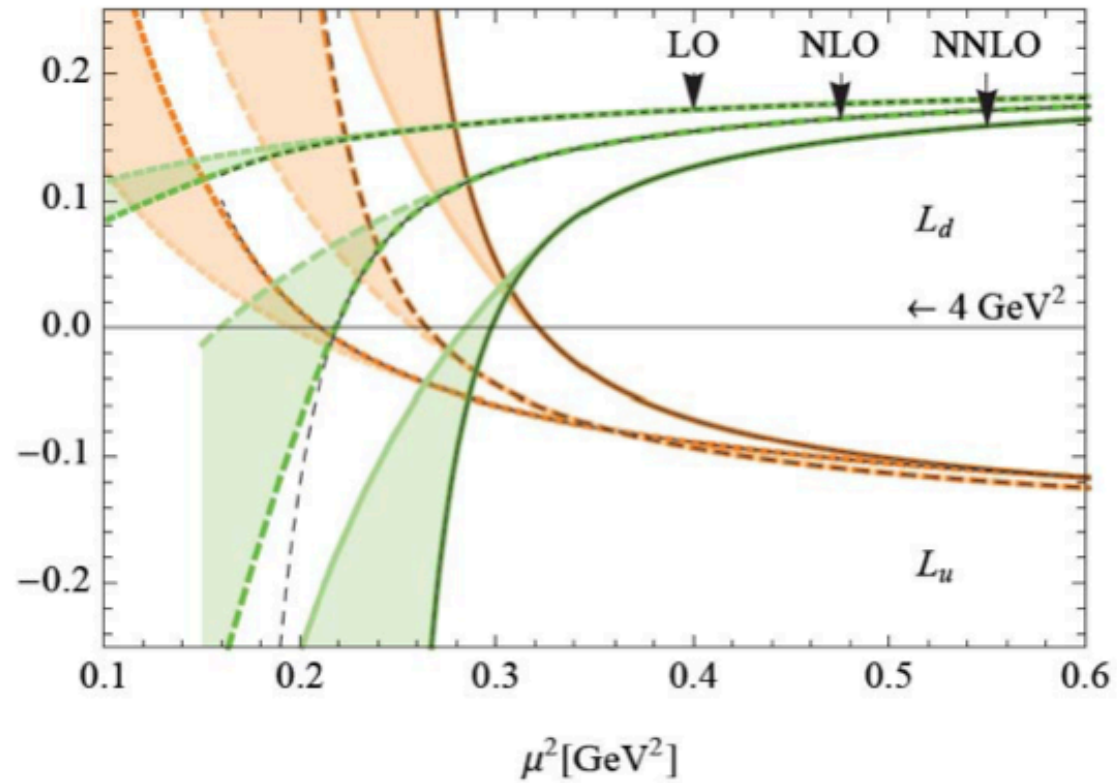
PDFLattice17: average of Lattice QCD results from the community white paper, Prog.Part.Nucl.Phys. 100 (2018) 107

Overall fair agreement between lattice calculations and phenomenological fits

The uncertainties of the two have comparable size

Lattice QCD results could provide useful inputs to global fits of polarized PDFs

Scale dependence



Altenbuchinger, Hägler, Weise, EPJA47, 140 (2011)