

GR and QG: The Next 100 Years

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T.P., arXiv:1603.08658

T.P., arXiv:1611.03505

20th Century Physics

Top Two Discoveries

Matter is discrete and has microscopic degrees of freedom.

The Universe has dynamics and is expanding.

21st Century Physics

Top Two Discoveries

Spacetime is discrete and has microscopic degrees of freedom.

The Universe has **its own** dynamics (and is not to be treated as a special solution in GR).

SINGULARITIES: e.g., BLACK HOLES

COSMOLOGICAL CONSTANT

THE THERMODYNAMIC CONNECTION

These challenges involve \hbar !

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Classical GR is incomplete; we need QG!

***HOW DO WE PUT TOGETHER THE
PRINCIPLES OF GENERAL
RELATIVITY AND QUANTUM
THEORY?***

GR: THE NEXT 100 YEARS

Needs another paradigm shift

The equations governing classical gravity has the same conceptual status as those describing elasticity/hydrodynamics.

***Why did/will the usual approaches
to QG fail?***

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to QG fail?***

***If you quantize the equations of
elasticity you will only get phonons
— not the physics of the atoms!***

THE PARADIGM

Key ingredient - 1

Spacetime dynamics should/can be described in a thermodynamic language; not in a geometrical language.

See e.g. TP, [gr-qc/0308070]; [arXiv:0911.5004]; [arXiv:0912.3165]; [arXiv:1003.5665]; [arXiv:1312.3253]; [arXiv:1405.5535]; Chakraborty, T. P, [arXiv:1408.4679]

*The gravity-thermodynamics connection transcends GR even when the entropy is **not** proportional to area.*

See e.g., Paranjape et al, [hep-th/0607240]; Kothawala, TP [arXiv:0904.0215]; Kolekar et al. [arXiv:1111.0973], [arXiv:1201.2947], Chakraborty, T. P, [arXiv:1408.4679]; [arXiv:1408.4791]

***You should get more than what
you put in!***

***Physics is all about numbers and making
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***Provides new insights about: (i) classical
gravity (ii) the microscopic structure of
spacetime and (iii) cosmological constant.***

The key new variable which distinguishes thermodynamics from point mechanics

$$\textit{Heat Density} = \mathcal{H} = \frac{Q}{V} = \frac{TS}{V} = \frac{1}{V}(E - F)$$

$$\frac{TS}{V} = Ts = p + \rho = T_{ab}\ell^a\ell^b$$

Normal matter has a heat density

Spacetime also has a heat density!

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One can associate a T and s with every event in spacetime just as you could with a glass of water!

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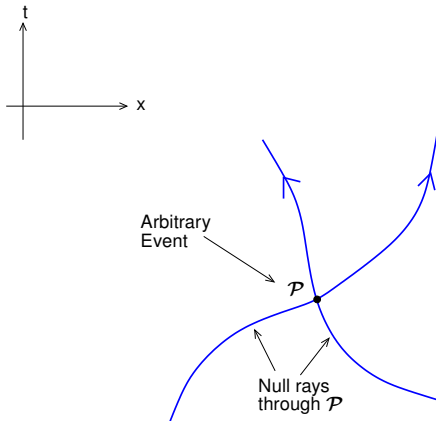
This fact transcends black hole physics and Einstein gravity.

Spacetime also has a heat density!

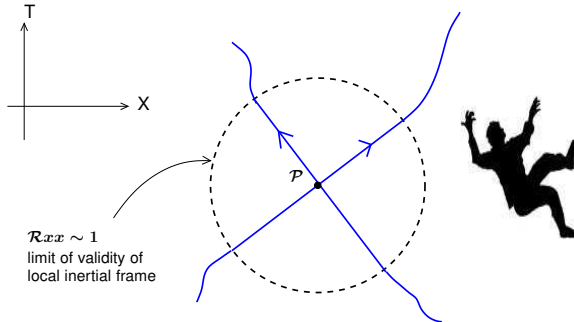
One can associate a T and s with every event in spacetime just as you could with a glass of water!

The T is independent of the theory of gravity; s depends on/determines the theory.

Spacetime in Arbitrary Coordinates

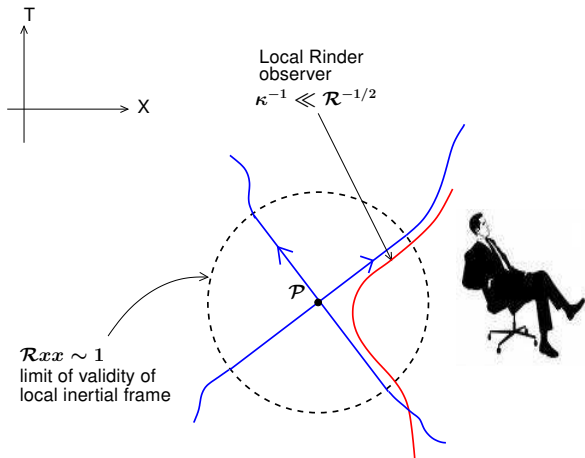


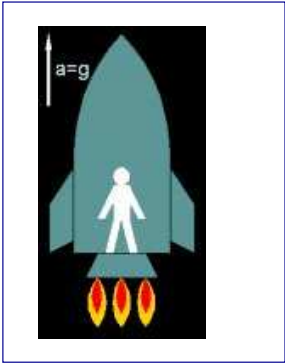
Local Inertial Observers



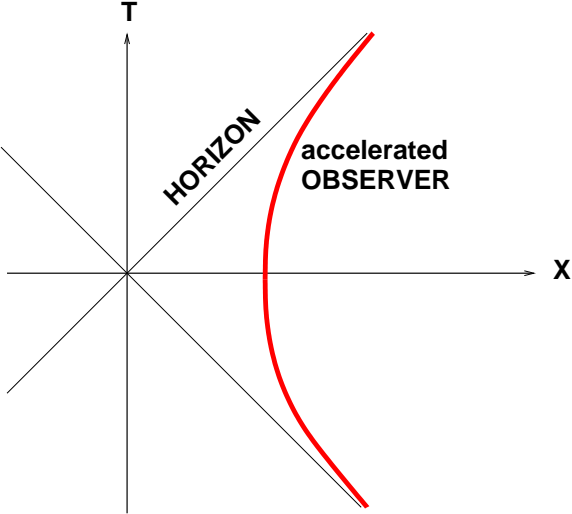
Validity of laws of SR \Rightarrow How gravity affects matter

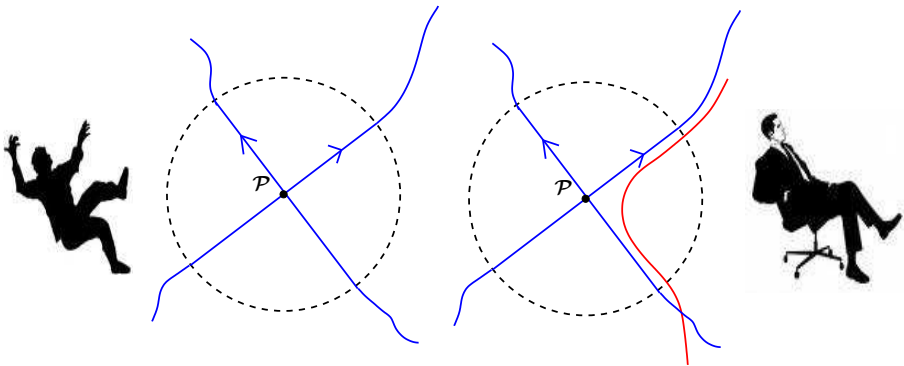
Local Rindler Observers





FLAT SPACETIME

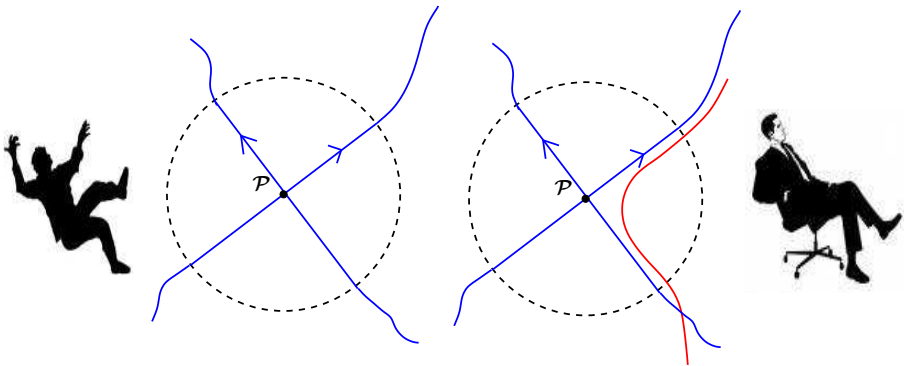




Vacuum fluctuations



Thermal fluctuations



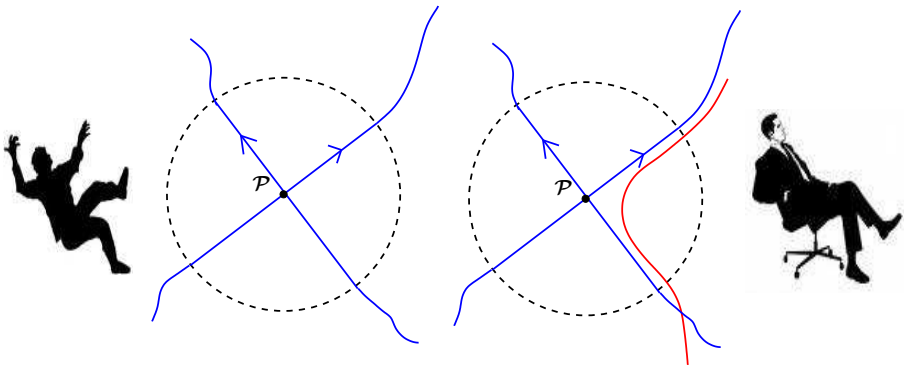
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$$k_B T = \frac{\hbar}{c} \left(\frac{g}{2\pi} \right)$$

A VERY NON-TRIVIAL EQUIVALENCE!



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A VERY NON-TRIVIAL EQUIVALENCE!

QFT in FFF introduces \hbar ; we now have (\hbar/c) in the temperature

*The most beautiful result in
the interface of quantum theory and gravity*

**OBSERVERS WHO PERCEIVE A HORIZON
ATTRIBUTE A TEMPERATURE TO SPACETIME**

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[Davies (1975), Unruh (1976)]

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$$k_B T = \frac{\hbar}{c} \left(\frac{g}{2\pi} \right)$$

[Davies (1975), Unruh (1976)]

*This allows you to associate a heat density
 $\mathcal{H} = T_s$ with every event of spacetime!*

***Regions of spacetime can be inaccessible
to certain class of observers in any
spacetime!***

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Inaccessibility of Information \Leftrightarrow Entropy

Information Content of spacetime plays a central role in the new paradigm!

The Importance Of Being Hot

You could have figured out that water is made of discrete atoms without ever probing it at Angstrom scales!

***Boltzmann: If you can heat it,
it must have micro-structure!***

To store energy ΔE at temperature T , you need

$$\Delta n = \frac{\Delta E}{(1/2)k_B T}$$

***degrees of freedom. Microphysics leaves its
signature at the macro-scales***

*Boltzmann: If you can heat it,
it must have micro-structure!*

You can heat up spacetime!

*Do we have an equipartition law for the
microscopic spacetime degrees of freedom?*

Can you count the atoms of space?

Equipartition with a surface-bulk correspondence

$$E_{\text{bulk}} = \int_{\partial\mathcal{V}} \frac{dA}{L_P^2} \left(\frac{1}{2} k_B T_{\text{loc}} \right) \equiv \frac{1}{2} k_B \int_{\partial\mathcal{V}} dn T_{\text{loc}}$$

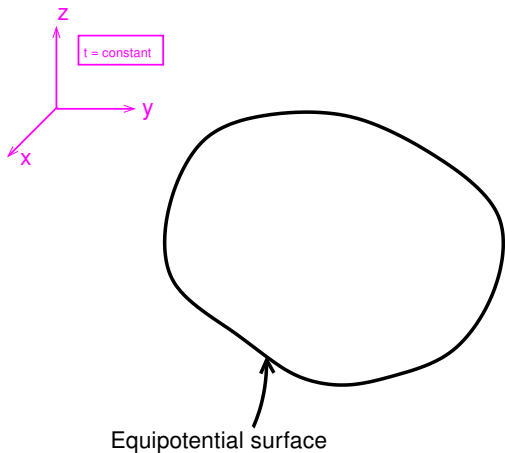
An area dA is endowed with $dn = dA/L_P^2$ microscopic degrees of freedom ('atoms')

Holographic Equipartition

TP [gr-qc/0308070], [arXiv:0912.3165], [arXiv:1003.5665]

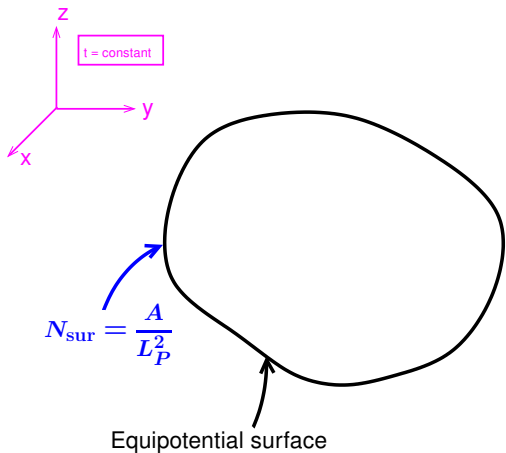
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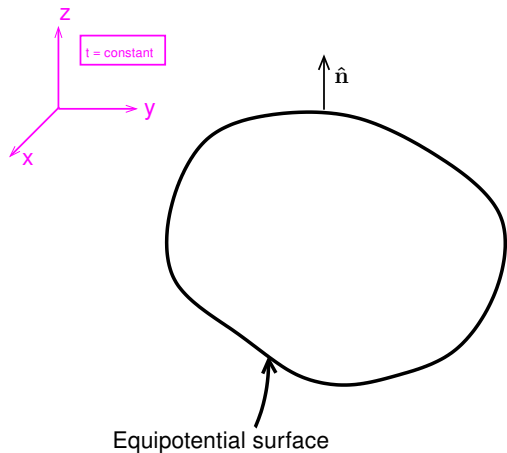
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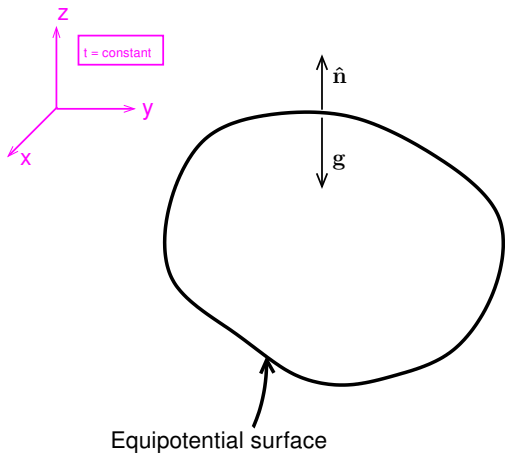
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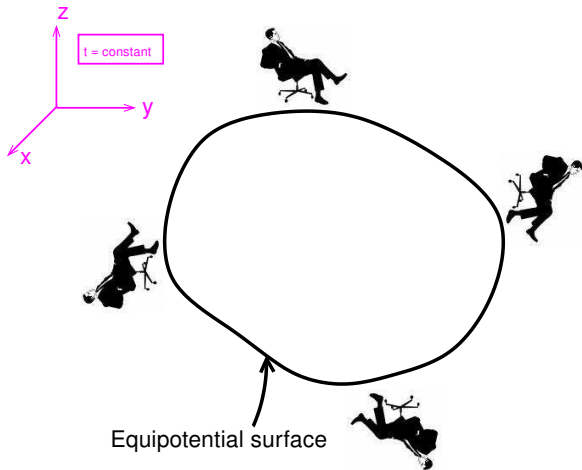
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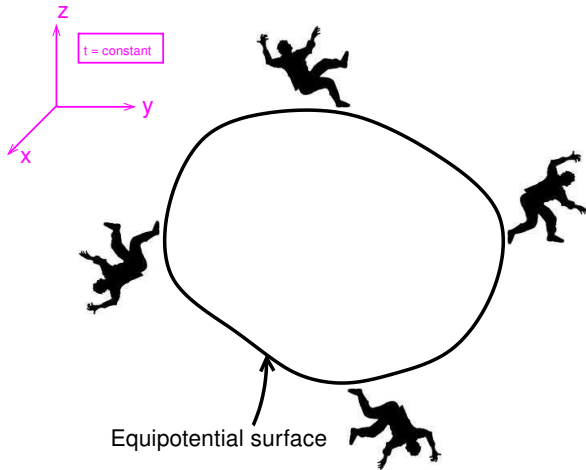
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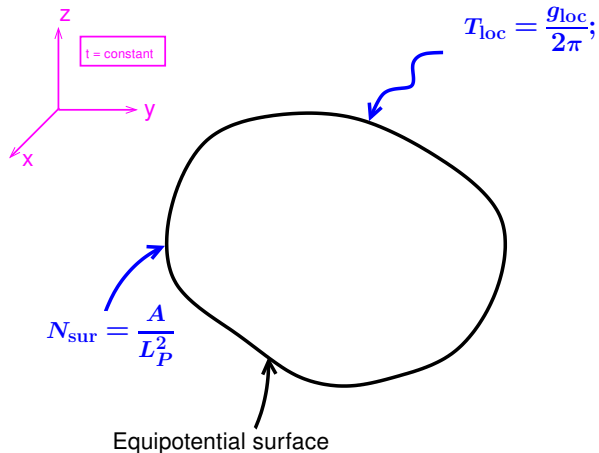
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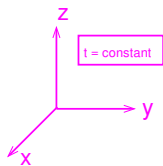
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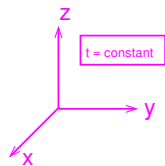
Equipotential surface

$$T_{\text{loc}} = \frac{g_{\text{loc}}}{2\pi};$$

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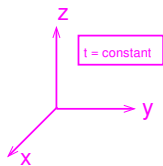
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Equipotential surface

$$N_{\text{sur}} = N_{\text{bulk}}!$$

All static geometries have

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***Evolution arises from departure from
'holographic equipartition':***

$$\begin{aligned} \text{Time evolution} &\propto \text{Heating/Cooling} \\ &\propto (N_{\text{sur}} - N_{\text{bulk}}) \end{aligned}$$

Geometry \Leftrightarrow Thermodynamics

K. Parattu, B.R. Majhi, T.P. [arXiv:1303.1535]

$$q^{ab} \equiv \sqrt{-g} g^{ab}$$

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$$p_{bc}^a \equiv -\Gamma_{bc}^a + \frac{1}{2}(\Gamma_{bd}^d \delta_c^a + \Gamma_{cd}^d \delta_b^a)$$

These variables have a thermodynamic interpretation

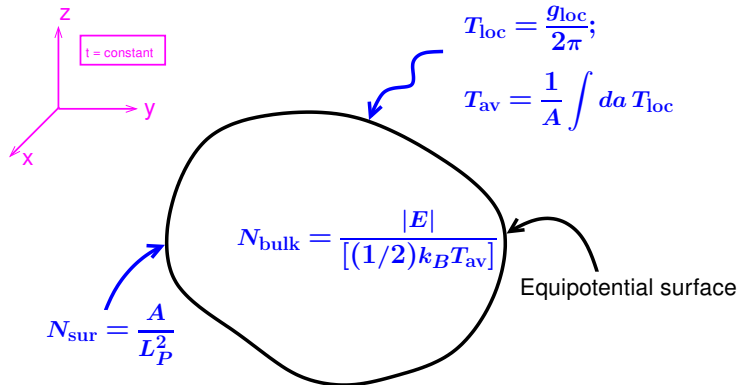
$$(q\delta p, p\delta q) \Leftrightarrow (s\delta T, T\delta s)$$

What makes Spacetime Evolve ?

TP, Gen.Rel.Grav (2014) [arXiv:1312.3253]

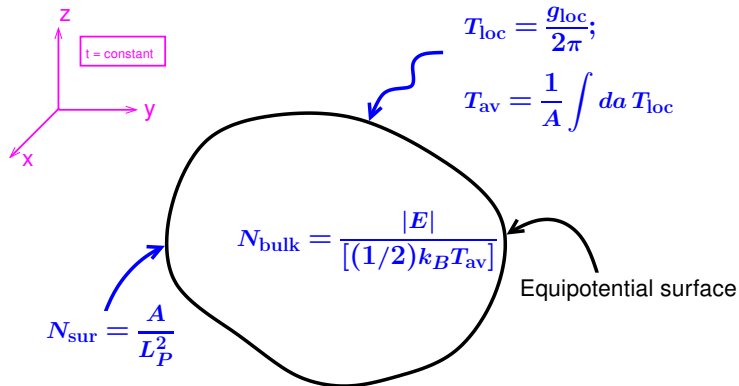
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$$\int \frac{d\sigma_a}{8\pi L_P^2} q^{\ell m} \mathcal{L}_\xi P_{\ell m}^a = -\frac{1}{2} k_B T_{\text{av}} (N_{\text{sur}} - N_{\text{bulk}})$$

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time evolution of spacetime

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***Evolution of spacetime is described in
thermodynamic language; not in geometric
language!***

Newton's Law of Gravitation

T.P. [hep-th/0205278]

Three constants: \hbar, c, L_P^2

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Temperature $\Rightarrow (\hbar/c)$; **Entropy** $\Rightarrow L_P^2$

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$$F = \left(\frac{c^3 L_P^2}{\hbar} \right) \left(\frac{m_1 m_2}{r^2} \right)$$

Three constants: \hbar, c, L_P^2

Temperature $\Rightarrow (\hbar/c)$; **Entropy** $\Rightarrow L_P^2$

$$F = \left(\frac{c^3 L_P^2}{\hbar} \right) \left(\frac{m_1 m_2}{r^2} \right)$$

Gravity, like matter, is intrinsically quantum and cannot exist in the limit of $\hbar \rightarrow 0$!

Thermodynamic variational principle

T.P., A. Paranjape [gr-qc/0701003]; T.P. [arXiv:0705.2533]

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Field equations arise from maximizing entropy/heat density of gravity plus matter on all null surfaces.

$$Q = \int d\mathcal{V} (\mathcal{H}_g + \mathcal{H}_m)$$

Works for a wide class gravitational theories; entropy decides the theory.

Gravity responds to heat density
 $(Ts = p + \rho)$ — not energy density!

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***Cosmological constant arises as an
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***Cosmological constant arises as an
integration constant***

***Its value is determined by a new
conserved quantity for the universe!***

Can we understand these results at a deeper level?

Can we get something new?

$$Q = \int d\mathcal{V} (\mathcal{H}_g + \mathcal{H}_m)$$

We need to count the microscopic degrees of freedom without knowing the full QG!

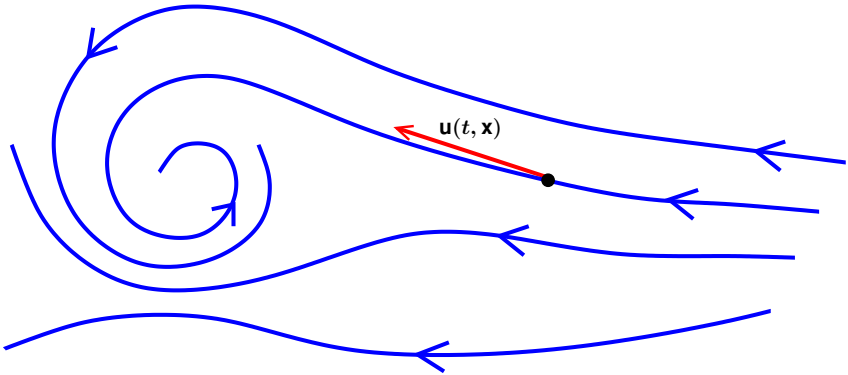
$$Q = \int d\mathcal{V} (\mathcal{H}_g + \mathcal{H}_m)$$

We need to count the microscopic degrees of freedom without knowing the full QG!

We need to recognize discreteness and yet use continuum mathematics!

Atoms Of A Fluid

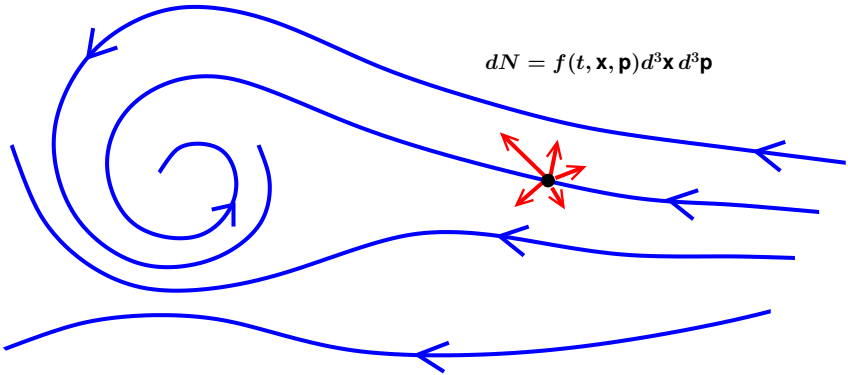
Continuum description



Continuum fluid mechanics: $\rho(\mathbf{x}^i)$, $\mathbf{U}(\mathbf{x}^i)$, ignores discreteness and *velocity dispersion*.

Atoms Of A Fluid

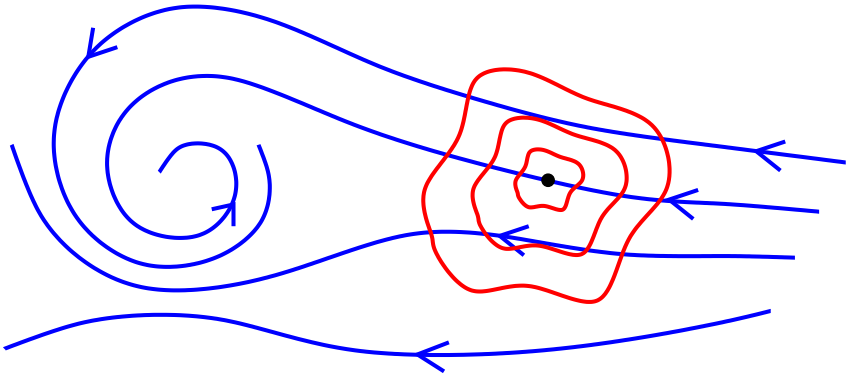
Kinetic theory: Distribution function



Kinetic theory: Recognizes discreteness, yet uses continuum maths!
Several atoms with different p_i can exist at same x^i

Atoms Of A Fluid

Kinetic theory: Distribution function



$f(x^i, p_i)$ = number of atoms “at” x^i , “with” momentum p_i ; to be determined by a limiting process.

***The distribution function for
'atoms of space' provides the
microscopic origin for the
variational principle***

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'atoms of space' provides the
microscopic origin for the
variational principle***

***You can determine it in a
spacetime with zero-point length
using equi-geodesic surfaces***

Geodesic Interval

D. Kothawala, T.P. [arXiv:1405.4967]; [arXiv:1408.3963]

The geodesic interval $\sigma^2(x, x')$ and g_{ab} have the same information about geometry:

$$\sigma(x, x') = \int_x^{x'} \sqrt{g_{ab} n^a n^b} d\lambda$$

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$$\lim_{x' \rightarrow x} \frac{1}{2} \nabla_a \nabla_b \sigma^2 = g_{ab}$$

Zero-Point Length

T.P. Ann.Phys. (1985), 165, 38; PRL (1997), 78, 1854

***Discreteness arises through a quantum of area,
which is a QG effect***

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Quantum spacetime has a zero-point length:

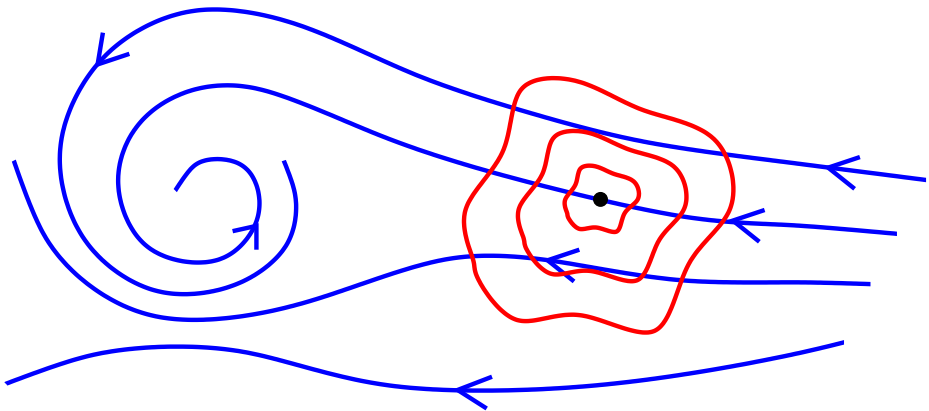
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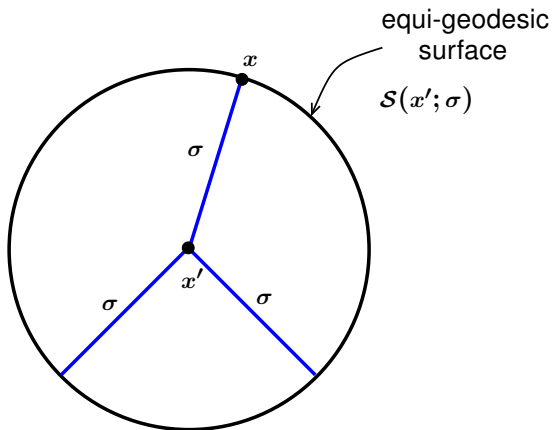
$$\begin{aligned}\sigma^2(x, x') &\rightarrow S(\sigma^2) = \sigma^2(x, x') + L_0^2 \\ g_{ab}(x) &\rightarrow q_{ab}(x, x'; L_0^2)\end{aligned}$$

In conventional units, $L_0^2 = (3/4\pi)L_P^2$.

Atoms Of A Fluid

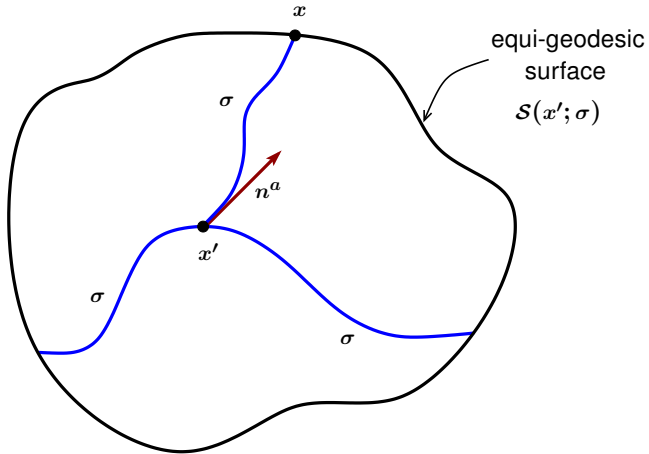
Kinetic theory: Distribution function





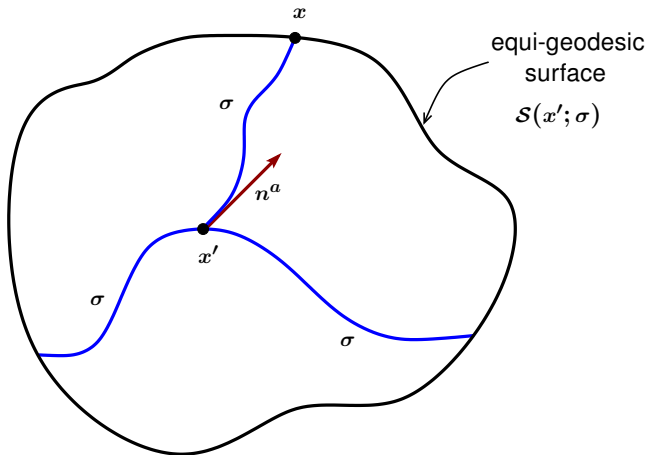
$$ds^2 = d\sigma^2 + \sigma^2 d\Omega_{(S^3)}^2$$

$$\sqrt{g} \propto \sigma^3 \quad \sqrt{h} \propto \sigma^3$$



$$ds^2 = d\sigma^2 + h_{\alpha\beta} dx^\alpha dx^\beta$$

The $\sqrt{g} = \sqrt{h}$ will pick up curvature corrections



$$ds^2 = d\sigma^2 + h_{\alpha\beta} dx^\alpha dx^\beta$$

$$\sqrt{h}(x, x') = \sqrt{g}(x, x') = \sigma^3 \left(1 - \frac{\sigma^2}{6} \mathcal{E} \right) \sqrt{h_\Omega}; \quad \mathcal{E} \equiv R_{ab} n^a n^b$$

Area Of A Point

T.P. [arXiv:1508.06286]

$$\sqrt{q} = \sigma (\sigma^2 + L_0^2) \left[1 - \frac{1}{6} \mathcal{E} (\sigma^2 + L_0^2) \right] \sqrt{h_\Omega}$$

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$$\sqrt{h} = (\sigma^2 + L_0^2)^{3/2} \left[1 - \frac{1}{6} \mathcal{E} (\sigma^2 + L_0^2) \right] \sqrt{h_\Omega}$$

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Points have no volume but finite area:

$$\sqrt{h} = L_0^3 \left[1 - \frac{1}{6} \mathcal{E} L_0^2 \right] \sqrt{h_\Omega}$$

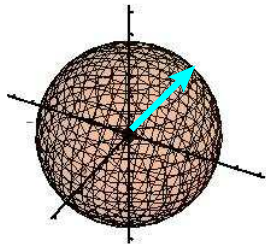
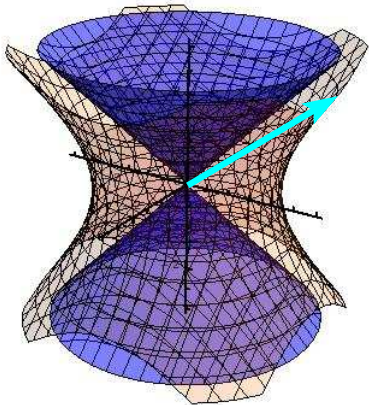
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Null horizon \Leftrightarrow *Euclidean origin*

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- ▶ ***Spacetime becomes two-dimensional close to Planck scales!***

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See e.g., Carlip et al., [arXiv:1103.5993]; [arXiv:1009.1136]; G. Calcagni et al, [arXiv:1208.0354]; [arXiv:1311.3340]; J. Ambjorn, et al. [arXiv:hep-th/0505113]; L. Modesto, [arXiv:0812.2214]; V. Husain et al., [arXiv:1305.2814] etc.

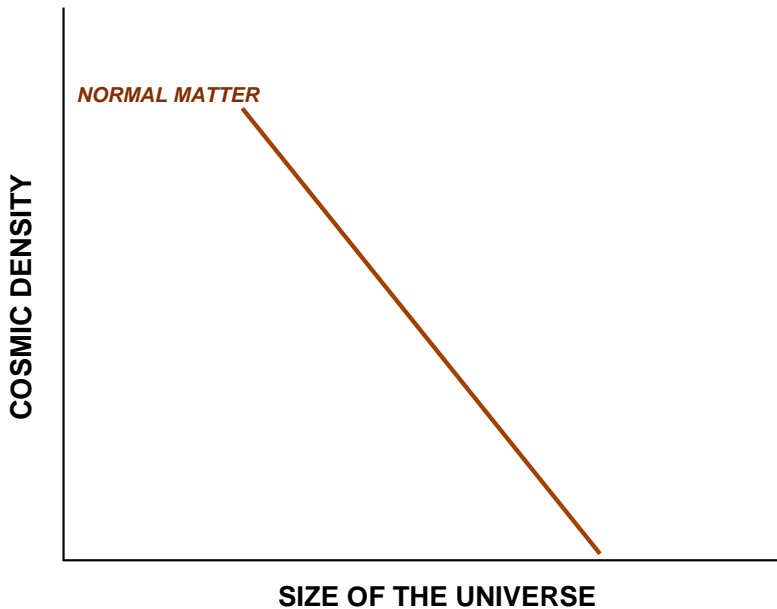
- ▶ ***Spacetime becomes two-dimensional close to Planck scales!***
- ▶ ***Basic quantum of information to count spacetime degrees of freedom is***

$$I_{QG} = \frac{4\pi L_P^2}{L_P^2} = 4\pi$$

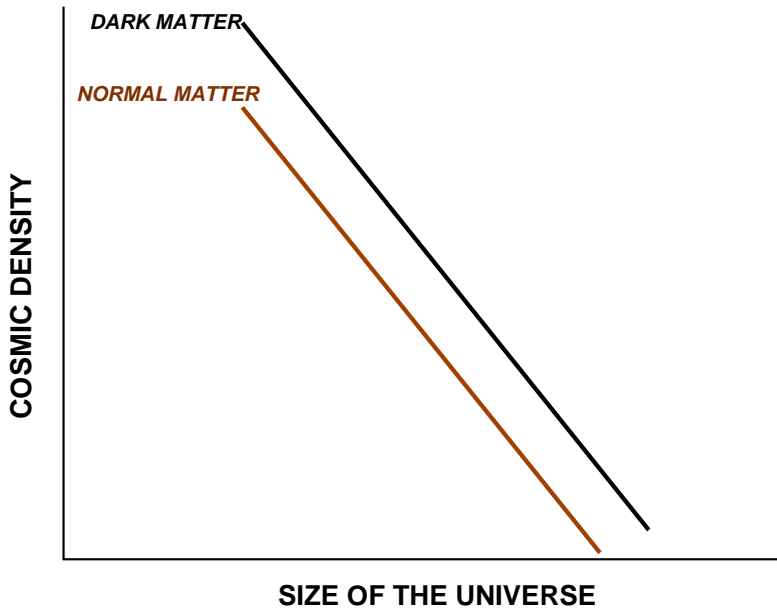
***You should get more than what
you put in!***

***Physics is all about numbers and making
falsifiable predictions!***

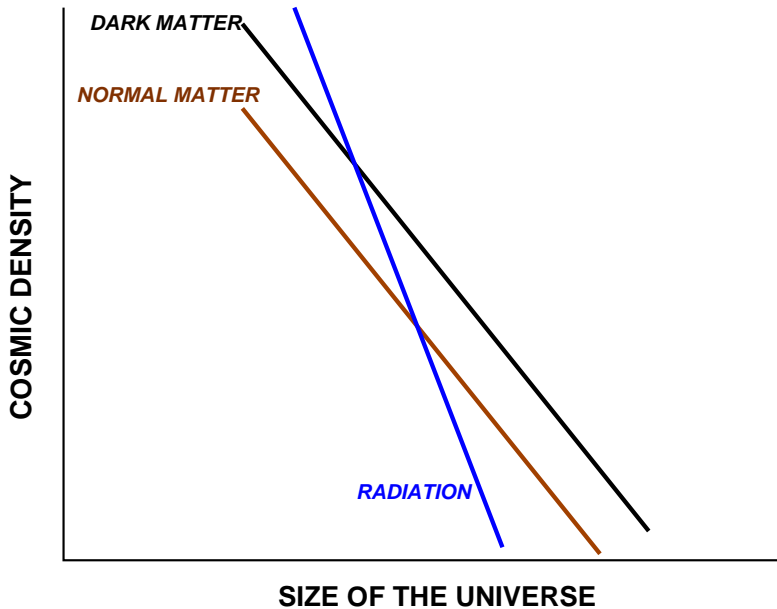
Our Strange Universe



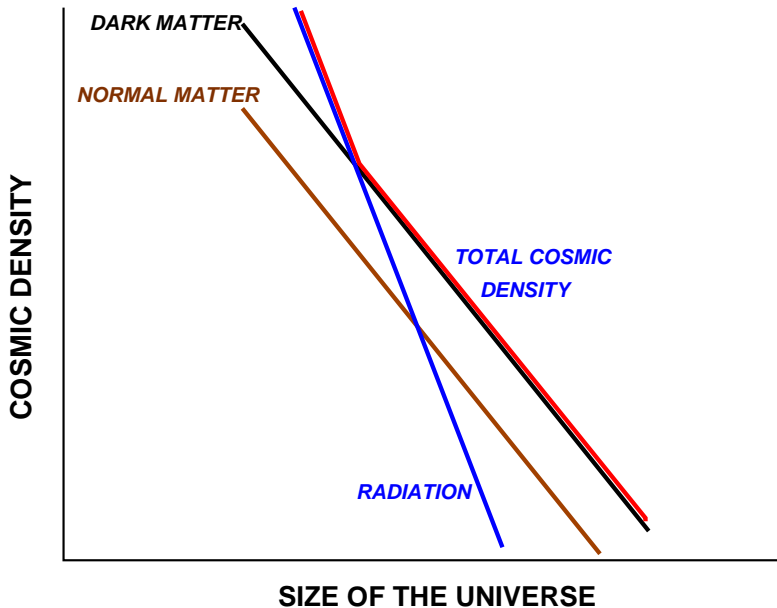
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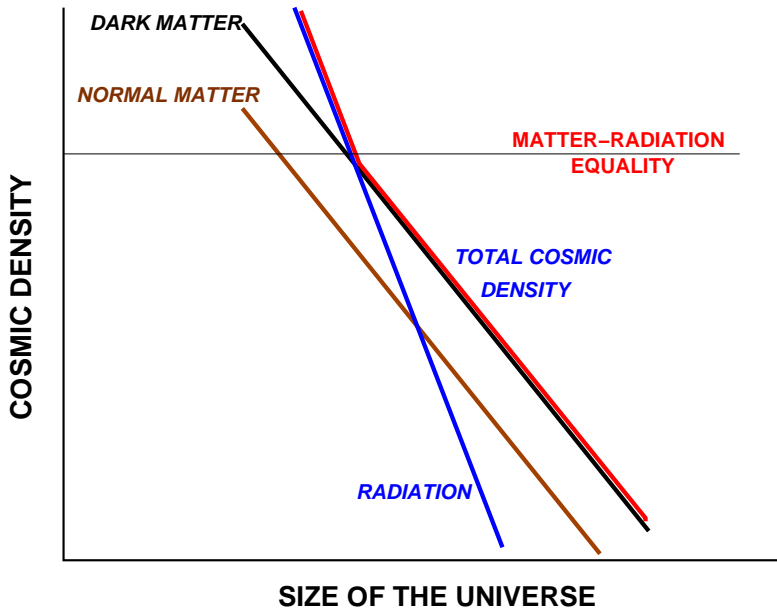
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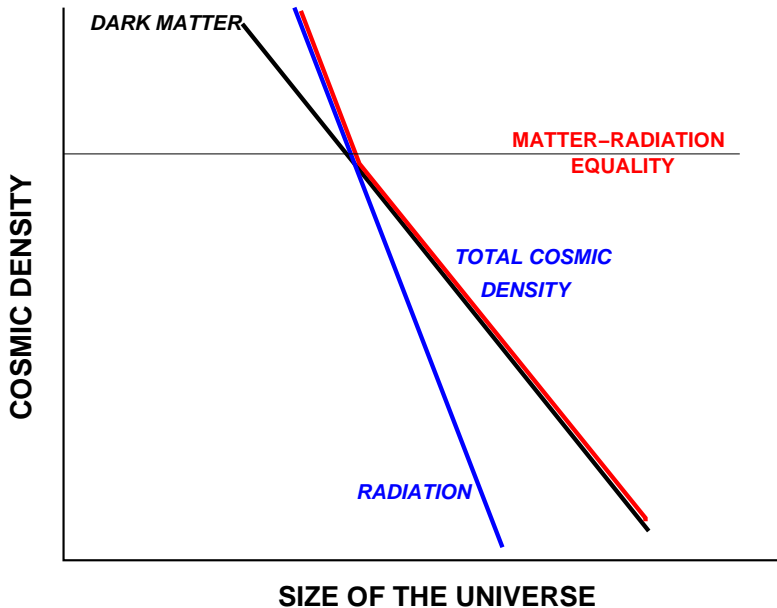
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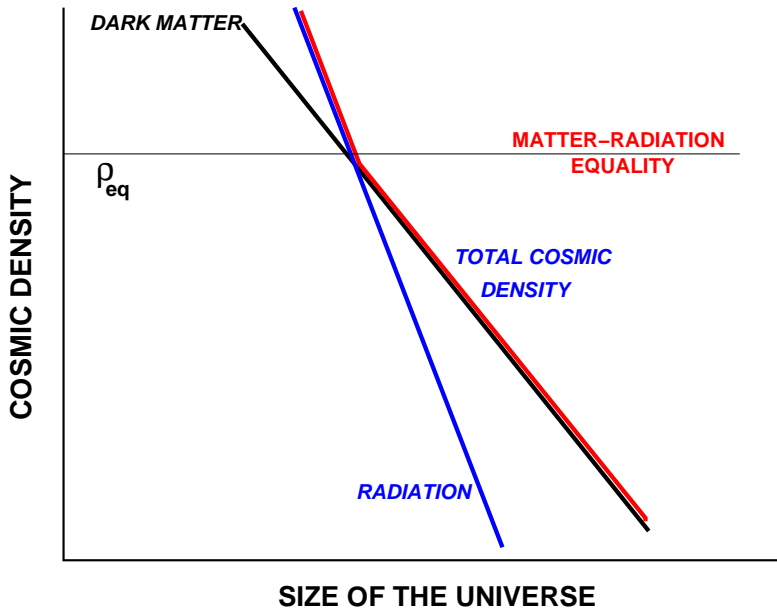
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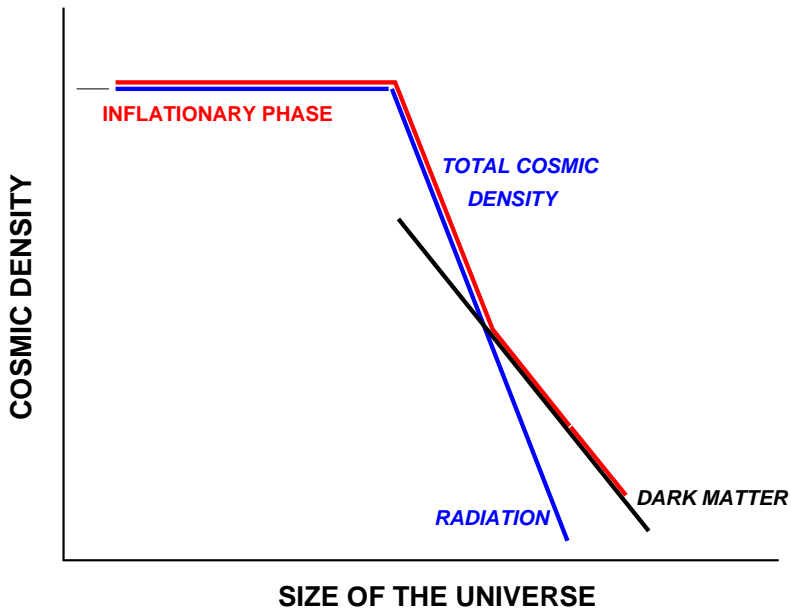
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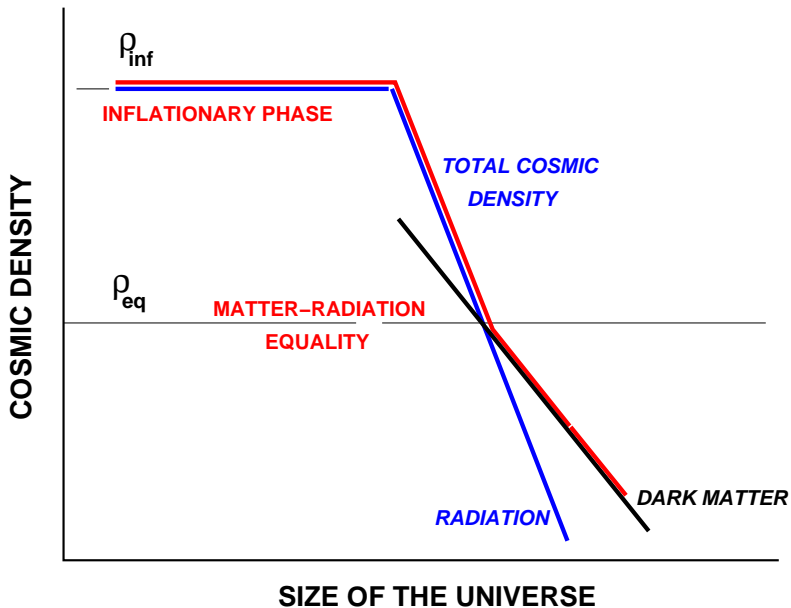
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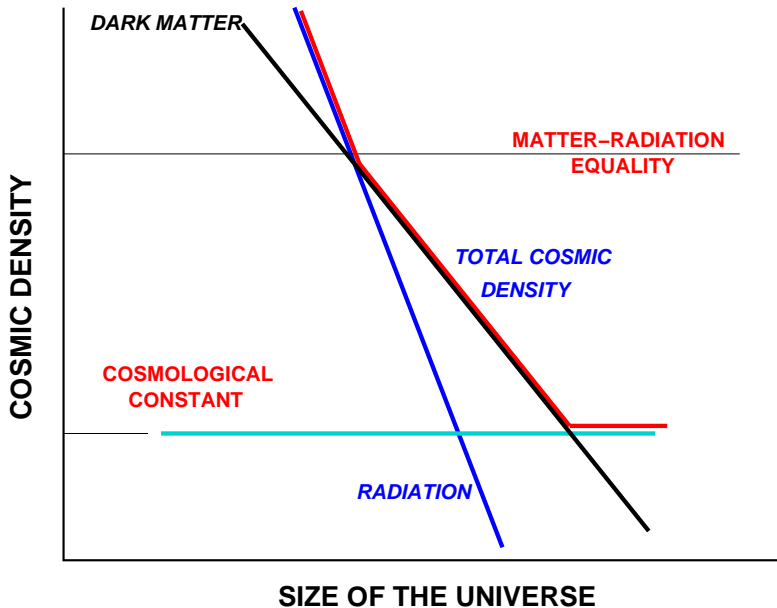
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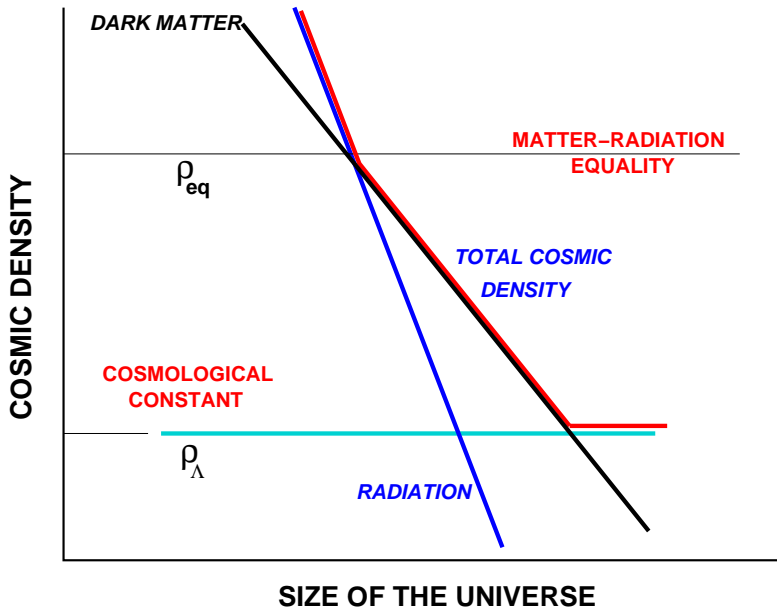
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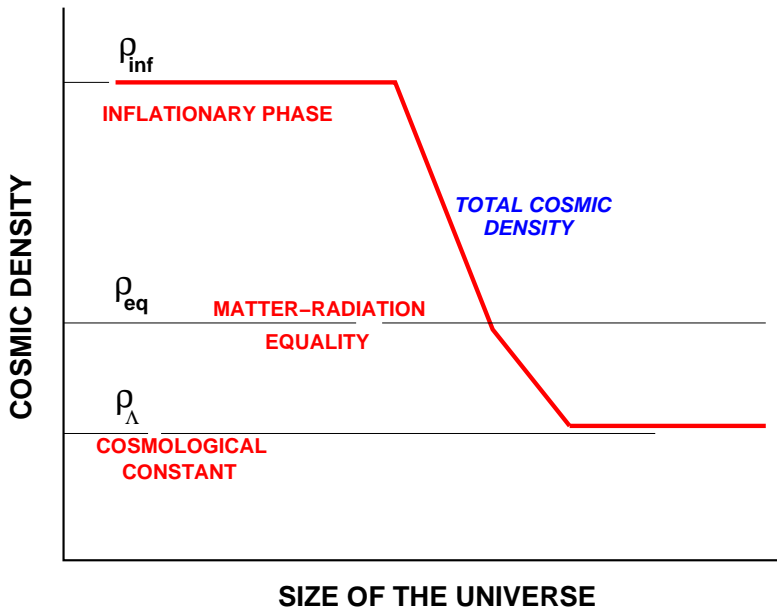
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Three phases, three energy-density scales, with no relation to each other!

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Hope: High energy physics will (eventually!) fix $\rho_{inf}^{1/4} \approx 10^{15} \text{ GeV}$ and

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But we have no clue why

$$\rho_\Lambda L_P^4 \approx 1.4 \times 10^{-123} \approx 1.1 \times e^{-283}.$$

- ▶ *Compute the combination:*

$$I = \frac{1}{9\pi} \ln \left(\frac{4}{27} \frac{\rho_{\text{inf}}^{3/2}}{\rho_{\Lambda} \rho_{\text{eq}}^{1/2}} \right)$$

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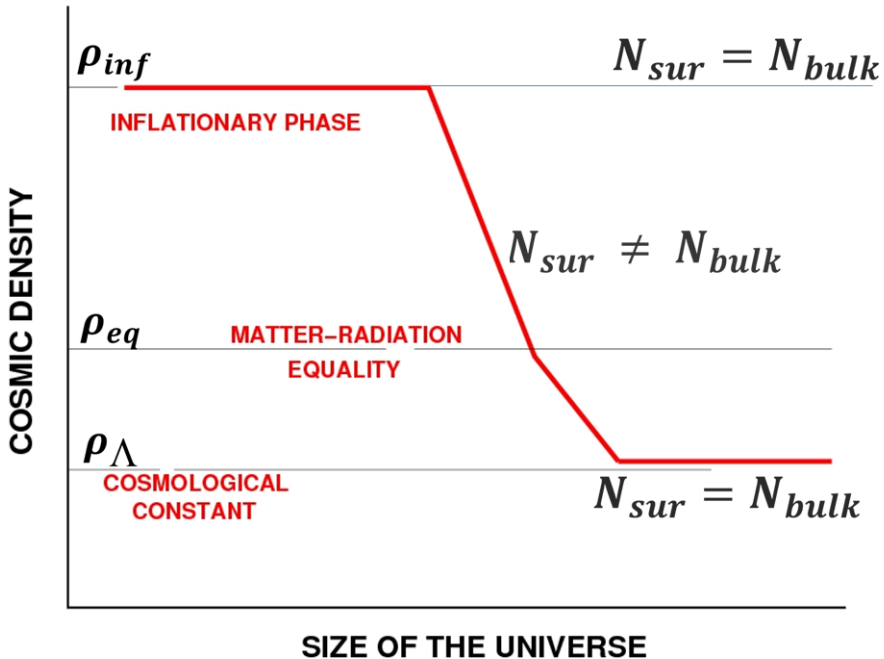
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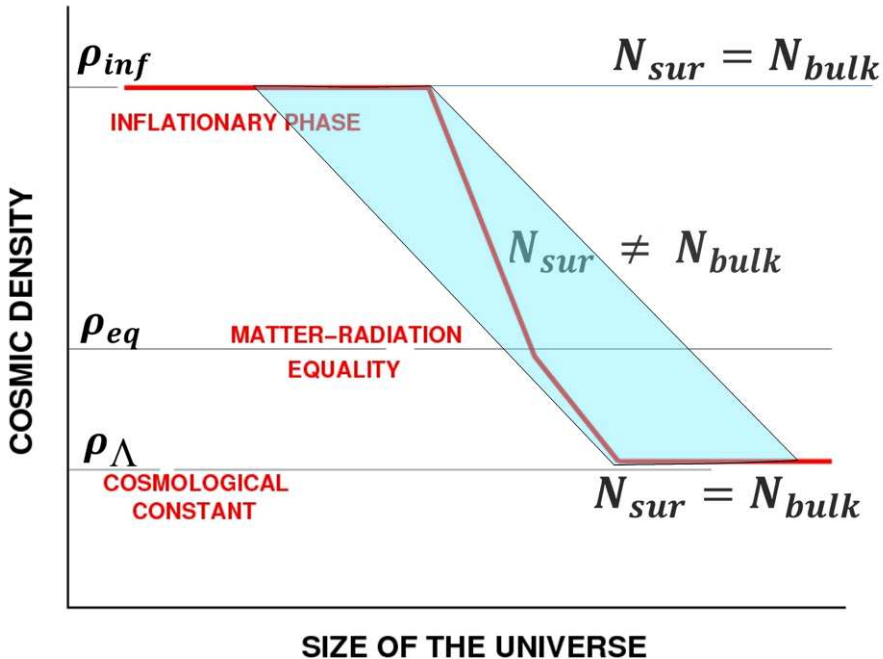
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Why?





Accessibility of Cosmic Information

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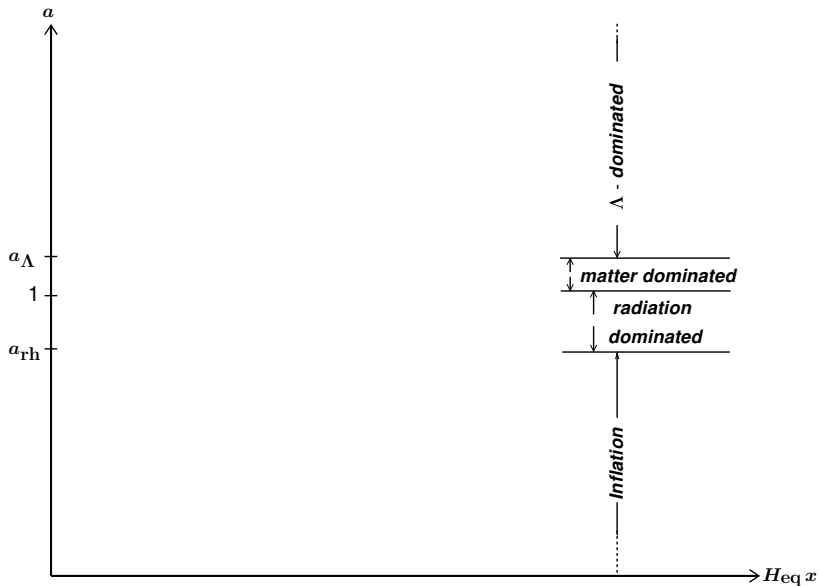
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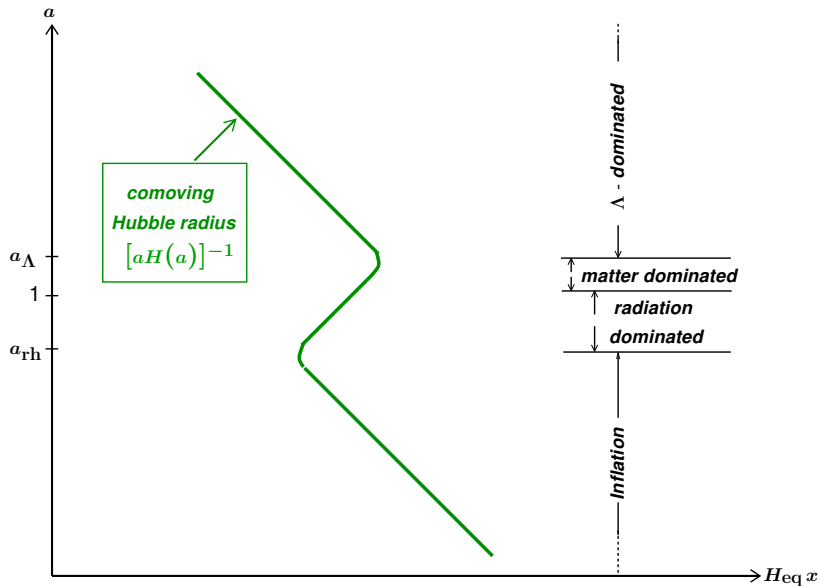
$$x(\infty, a) \equiv x_\infty(a) = \int_a^\infty \frac{d\bar{a}}{\bar{a}^2 H(\bar{a})}$$

This is infinite if $\Lambda = 0$; finite if $\Lambda \neq 0$

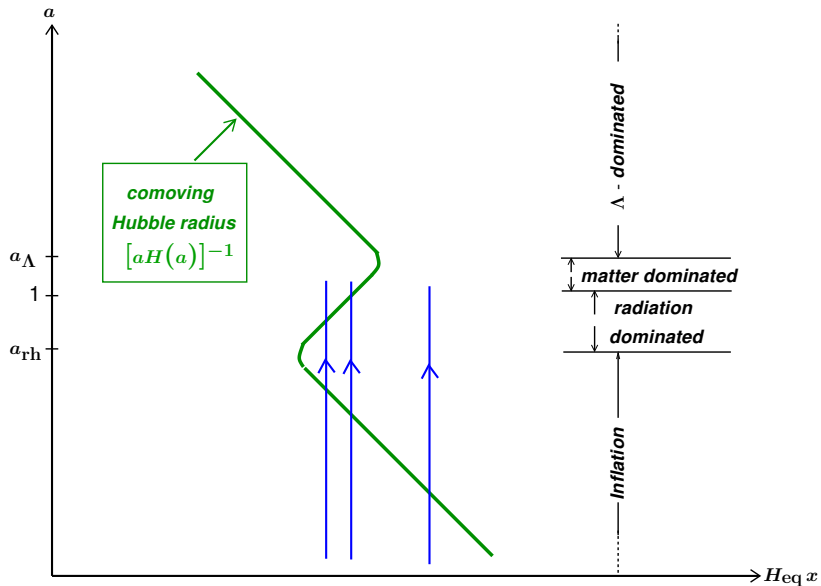
Cosmic Information: CosmIn



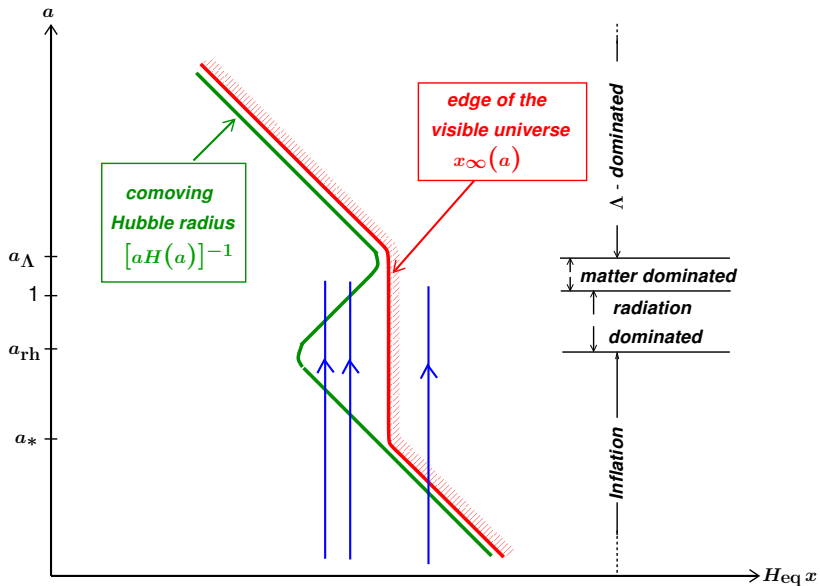
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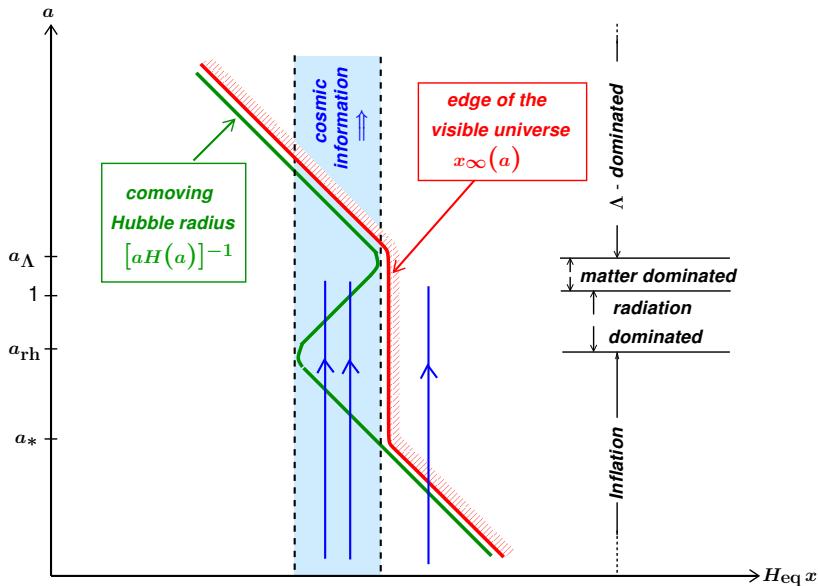
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T.P. Hamsa Padmanabhan [arXiv:1404.2284]

A measure of cosmic information accessible to eternal observer ('Cosmln')

I_c = Number of modes (geodesics) which cross the Hubble radius during the radiation + matter dominated phase .

$$I_c = \frac{2}{3\pi} \ln \left(\frac{a_{\text{rh}}}{a_*} \right)$$

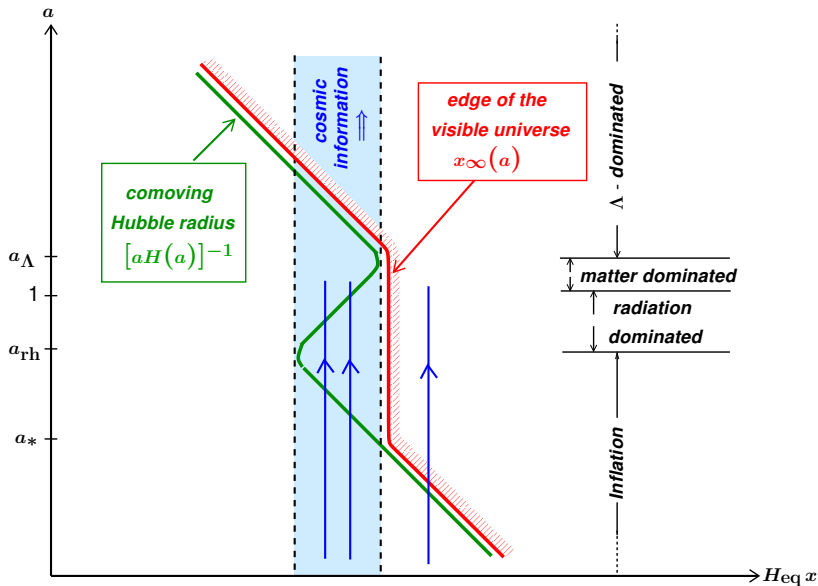
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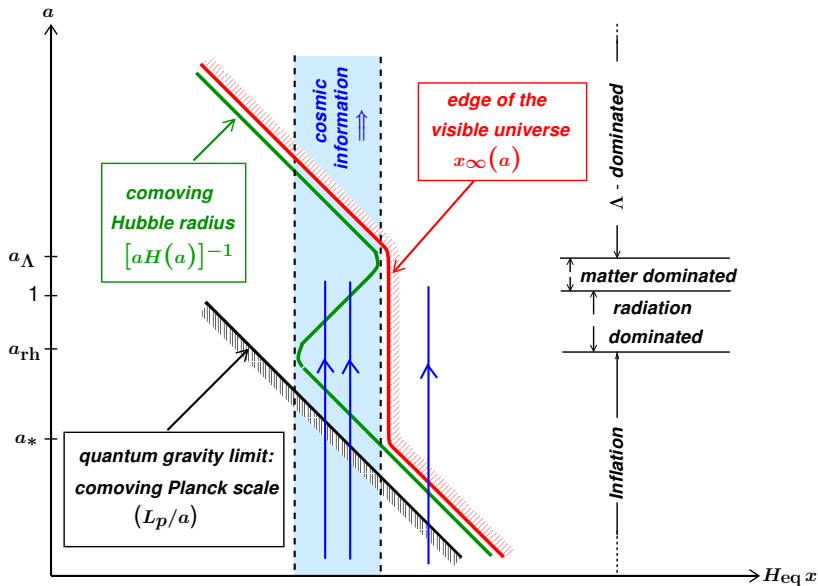
$$I_c = \frac{1}{9\pi} \ln \left(\frac{4}{27} \frac{\rho_{\text{inf}}^{3/2}}{\rho_{\Lambda} \rho_{\text{eq}}^{1/2}} \right)$$

$$\rho_{\Lambda} = \frac{4}{27} \frac{\rho_{\text{inf}}^{3/2}}{\rho_{\text{eq}}^{1/2}} \exp(-9\pi I_c)$$

Cosmic Information: CosmIn



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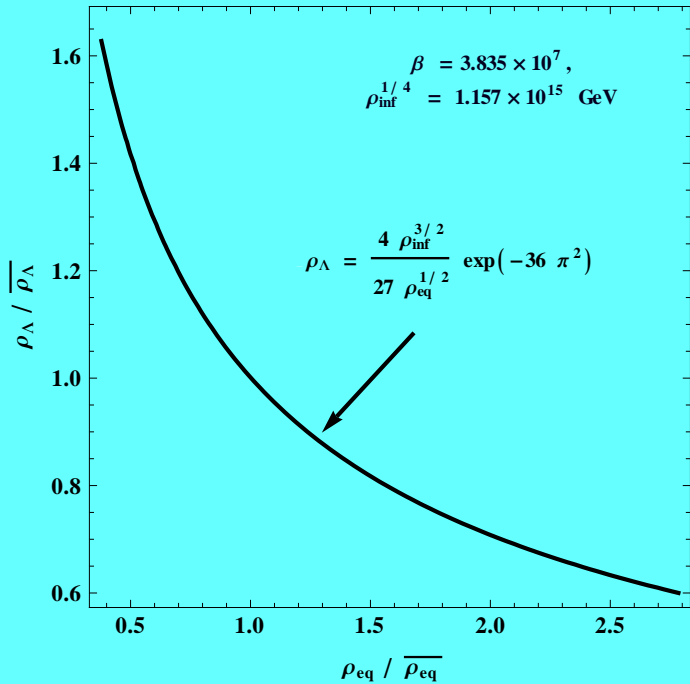
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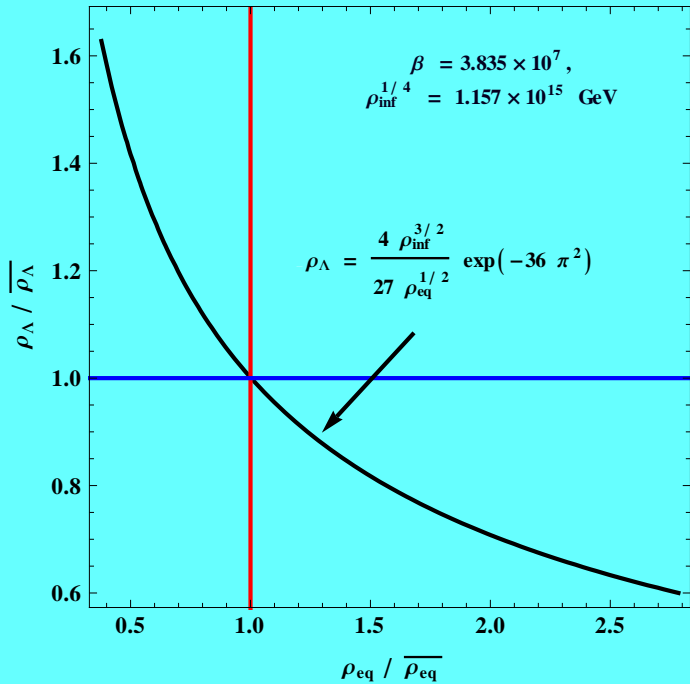
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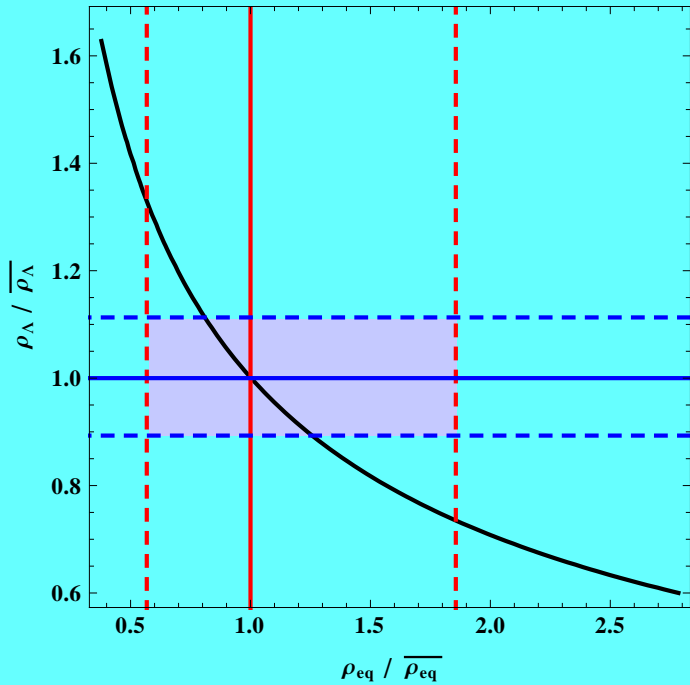
Using $I_c = I_{QG} = 4\pi$ gives the numerical value of ρ_{Λ}

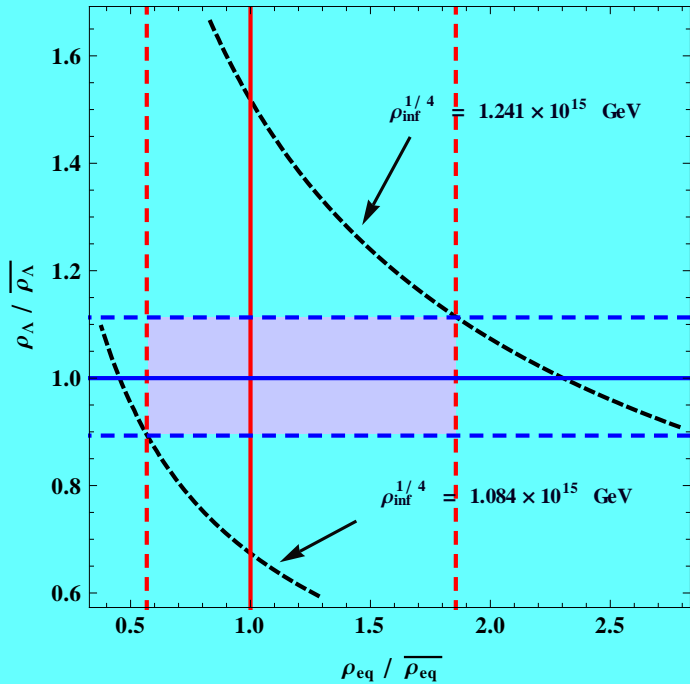
The Magical Relation!

$$\rho_{\Lambda} = \frac{4}{27} \frac{\rho_{inf}^{3/2}}{\rho_{eq}^{1/2}} \exp(-36\pi^2)$$









- ▶ *Large scale universe defines a Lorentz frame*
- ▶ *The universe made a spontaneous quantum to classical transition*
- ▶ *Cosmic evolution is towards holographic equipartition*

We should not describe the cosmos as a particular solution to gravitational field equations.

The FRW universe is described by the two equations (with $T = H/2\pi$)

$$\frac{dV_H}{dt} = L_P^2 (N_{sur} - N_{bulk})$$

$$\rho V_H = TS$$

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- ▶ *The evolution equation has a purely thermodynamic interpretation related to the information content of the spacetime.*
- ▶ *The cosmological constant is related to the amount of information accessible to an eternal observer.*
- ▶ *At Planck scales spacetime is 2-dimensional with 4π units of information; this allows the determination of the value of the cosmological constant.*

References

T.P., *General Relativity from a Thermodynamic Perspective*, *Gen. Rel. Grav.*, **46**, 1673 (2014) [arXiv:1312.3253].

Review: T.P., *The Atoms Of Space, Gravity and the Cosmological Constant*, *IJMPD*, **25**, 1630020 (2016) [arXiv:1603.08658].

Review: T.P., *Do we really understand the cosmos?*, (2016) [arXiv:1611.03505].

Acknowledgements

Sunu Engineer

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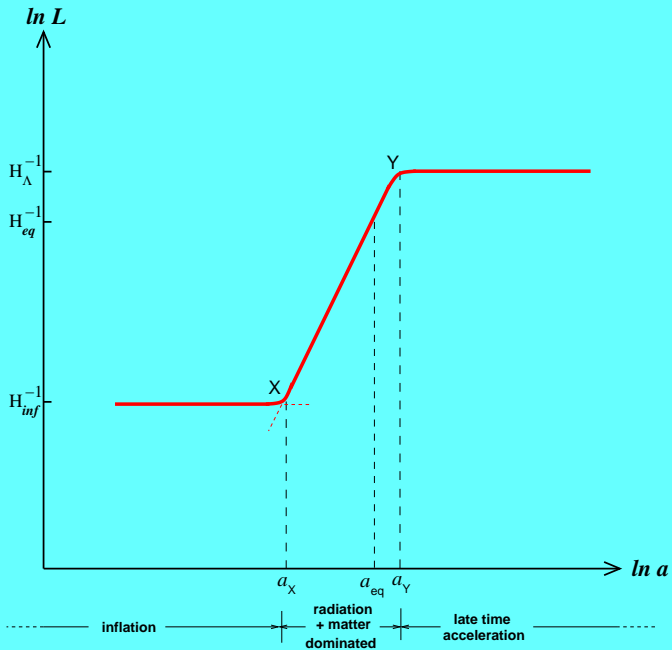
James Bjorken

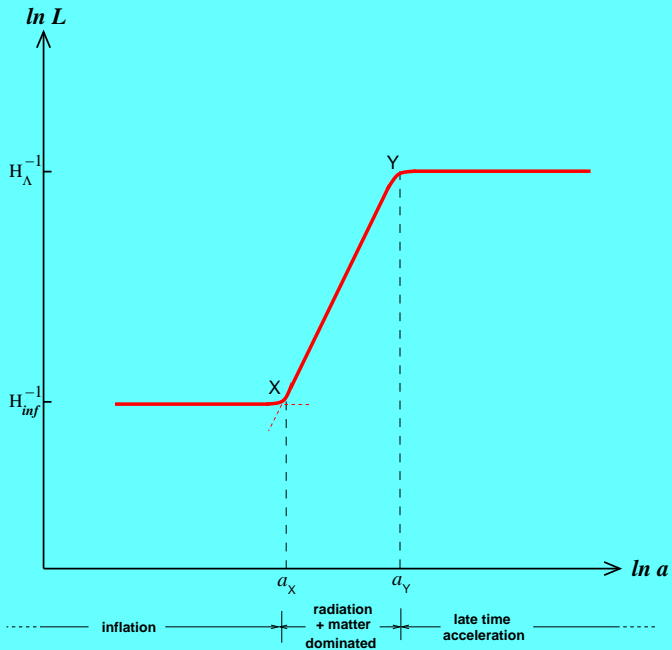
Aseem Paranjape

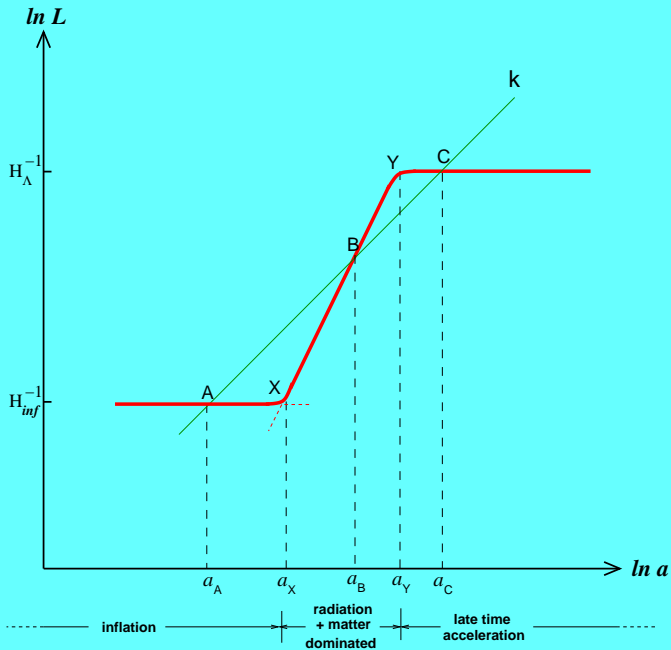
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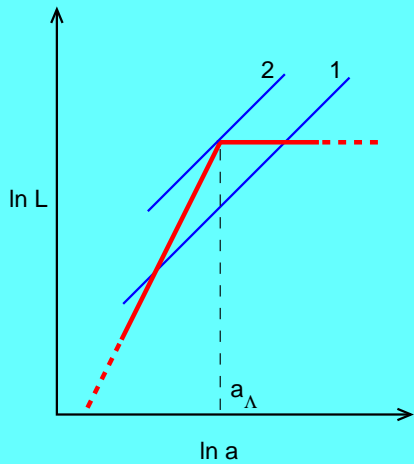
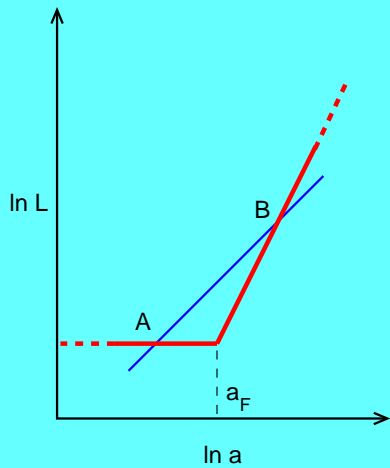
Donald Lynden-Bell

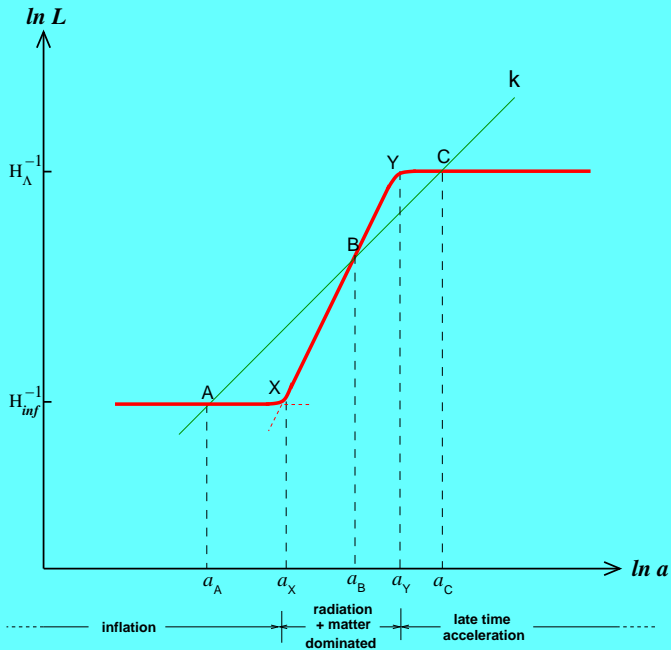
THANK YOU FOR YOUR TIME!

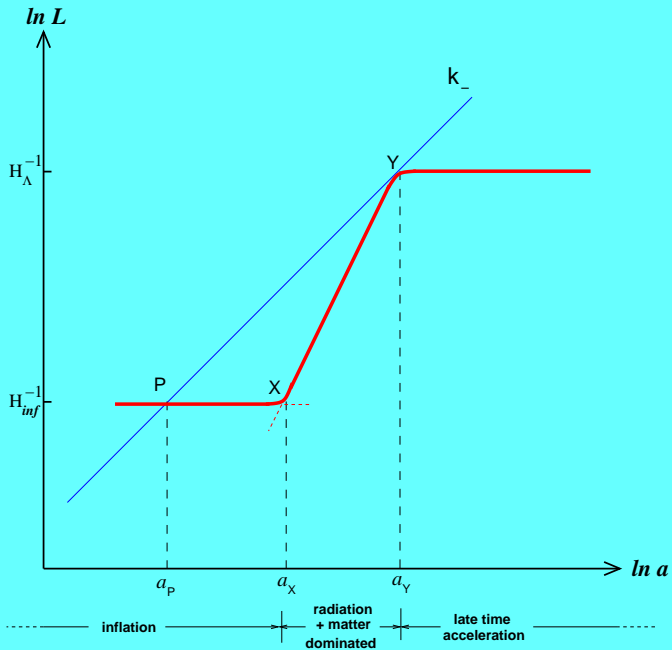


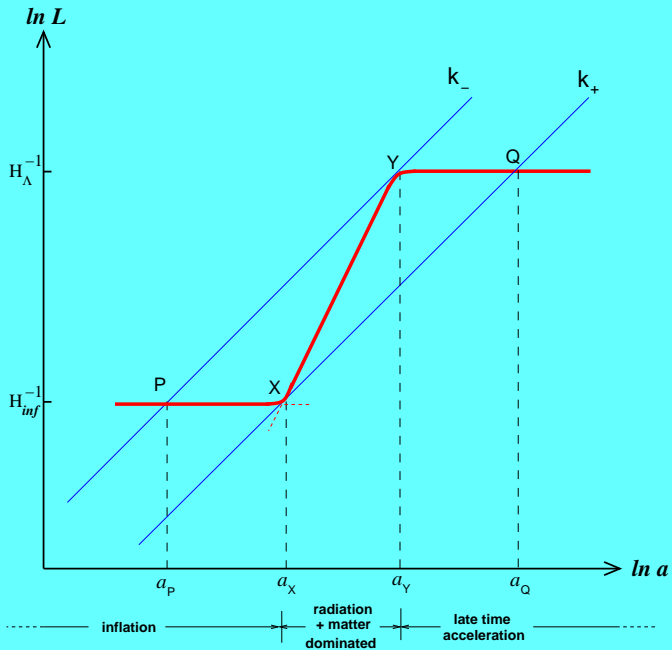




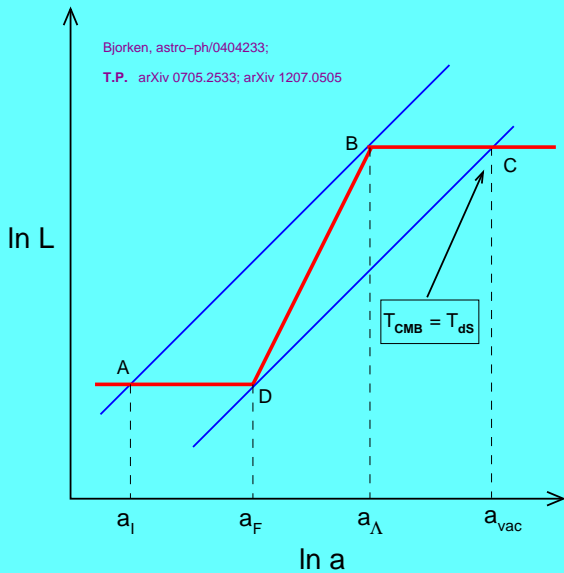




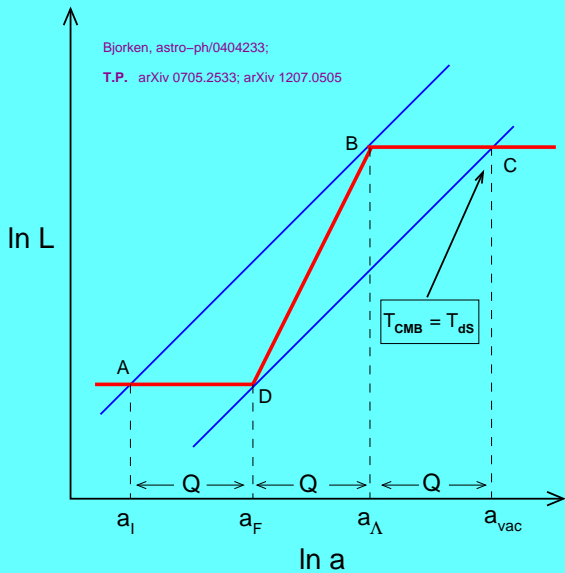




COSMIC PARALLELOGRAM



COSMIC PARALLELOGRAM



Key Open Question

Possibility for Matter Sector

Matter and Geometry need to emerge together for proper interpretation of $T^{ab}n_a n_b$ at the microscopic scale. How do we do this?

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$$\langle n^a n^b \rangle \approx (4\pi / \mu L_P^2) R_{ab}^{-1}$$

$$2\mu L_P^4 \langle \bar{T}_{ab} n^a n^b \rangle \approx 2\mu L_P^4 \langle \bar{T}_{ab} \rangle \langle n^a n^b \rangle = 1$$

COSMIC EXPANSION: A QUEST FOR HOLOGRAPHIC EQUIPARTITION

T.P., [1207.0505]

$$\frac{dR_H}{dt} = \left(1 - \frac{\epsilon N_{\text{bulk}}}{N_{\text{sur}}}\right) \quad \epsilon = \pm 1$$

$$N_{\text{sur}} = 4\pi \frac{R_H^2}{L_P^2}; \quad N_{\text{bulk}} = -\epsilon \frac{E}{(1/2)k_B T}; \quad T = \frac{H}{2\pi}$$

Remarkably enough, this leads to the standard FRW dynamics!

$$N_{\text{sur}} = \frac{A}{L_P^2} = N_{\text{bulk}} = \frac{E}{[(1/2)k_B T_{\text{av}}]}$$

$$E = \frac{1}{2L_P^2} \int da \, k_B T_{\text{loc}}$$

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$$\int \rho \, dV = \frac{1}{2L_P^2} \int da \, \left(\frac{\hbar}{c} \right) \left(\frac{g}{2\pi} \right)$$

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$$\begin{aligned} \int \rho dV &= \frac{1}{2L_P^2} \int da \frac{\hbar}{c} \left(\frac{-\mathbf{g} \cdot \hat{\mathbf{n}}}{2\pi} \right) \\ &= -\frac{\hbar}{4\pi c L_P^2} \int dV \nabla \cdot \mathbf{g} \end{aligned}$$

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- ▶ Heat transferred due to matter crossing a null surface:

[T. Jacobson, gr-qc/9504004]

$$Q_m = \int d\mathcal{V} (T_{ab} \ell^a \ell^b); \quad \mathcal{H}_m \equiv T_{ab} \ell^a \ell^b$$

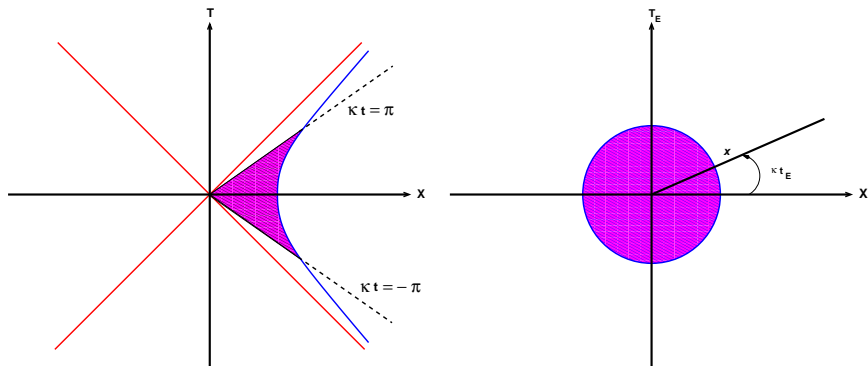
- ▶ Heat transferred due to matter crossing a null surface:

[T. Jacobson, gr-qc/9504004]

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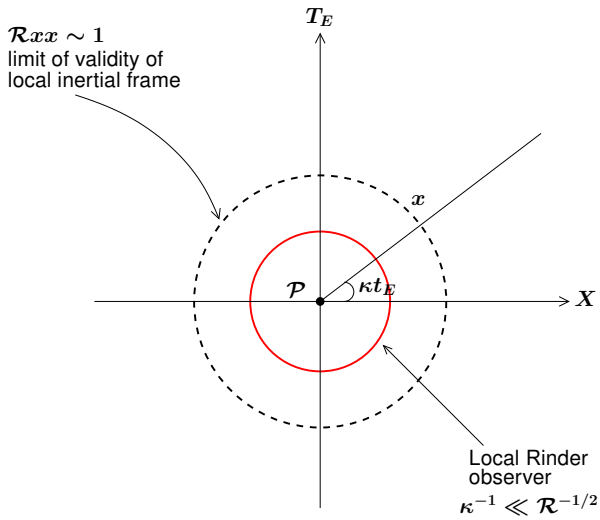
- ▶ Note: Null horizon \Leftrightarrow Euclidean origin

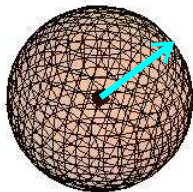
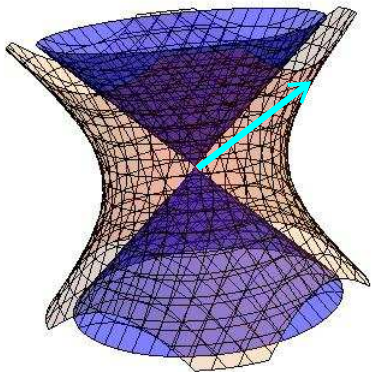
$$X^2 - T^2 = 0 \Leftrightarrow X^2 + T_E^2 = 0$$



$$T = x \sinh \kappa t, \quad X = x \cosh \kappa t \quad T_E = x \sin \kappa t_E, \quad X = x \cos \kappa t_E$$

$$X^2 - T^2 = 0 \Leftrightarrow X^2 + T_E^2 = 0$$





$$X^2 - T^2 = \sigma^2 \Leftrightarrow X^2 + T_E^2 = \sigma^2$$

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$$\begin{aligned}\Omega_{\text{tot}} &= \prod_{\phi_A} \prod_x \rho_g(\mathcal{G}_N, \phi_A) \rho_m(\mathcal{T}_{ab}, \phi_A) \\ &\equiv \prod_{n_a} \exp \sum_x (\ln \rho_g + \ln \rho_m)\end{aligned}$$

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$$\begin{aligned}\Omega_{\text{tot}} &= \prod_{\phi_A} \prod_x \rho_g(\mathcal{G}_N, \phi_A) \rho_m(\mathcal{T}_{ab}, \phi_A) \\ &\equiv \prod_{\ell_a} \exp \int d\mathcal{V} (\mathcal{H}_g(\mathcal{G}_N, \ell_a) + \mathcal{H}_m(\mathcal{T}_{ab}, \ell_a))\end{aligned}$$

$$\ln \rho_m \equiv L_P^4 \mathcal{H}_m = L_P^4 \mathcal{T}_{ab} \ell^a \ell^b$$

$$\ln \rho_g \equiv L_P^4 \mathcal{H}_g \approx -\frac{L_P^2}{8\pi} R_{ab} \ell^a \ell^b$$

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$$R_b^a \ell_a \ell^b = (8\pi L_P^2) T_b^a \ell_a \ell^b$$

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$$G_b^a = (8\pi L_P^2) T_b^a + (\text{const}) \delta_b^a$$

Thermodynamic variational principle

T.P., A. Paranjape [gr-qc/0701003]; T.P. [arXiv:0705.2533]

$$\mathcal{H}_m = T_b^a \ell_a \ell^b$$

$$\mathcal{H}_g = - \left(\frac{1}{16\pi L_P^2} \right) (4P_{cd}^{ab} \nabla_a \ell^c \nabla_b \ell^d)$$

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$$P_{cd}^{ab} \propto \delta_{cdc_2d_2\dots c_md_m}^{aba_2b_2\dots a_mb_m} R_{a_2b_2}^{c_2d_2} \dots R_{a_mb_m}^{c_md_m}$$

- ▶ **The P_{cd}^{ab} is the entropy tensor of the spacetime which determines the theory**

[Iyer and Wald (1994)]

Thermodynamic variational principle

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- ▶ **The demand $\delta Q/\delta \ell_a = 0$ for all null ℓ_a leads to:**

$$E_b^a \equiv P_{jk}^{ai} R_{bi}^{jk} - \frac{1}{2} \delta_b^a \mathcal{R} = (8\pi L_P^2) T_b^a + \Lambda \delta_b^a,$$

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- ▶ **On-shell value of Q_{tot}**

$$Q_{\text{tot}}^{\text{on-shell}} = \int d^2x (T_{\text{loc}} s) \Big|_{\lambda_1}^{\lambda_2}$$

- ▶ *Interestingly enough:*

$$2P_{cd}^{ab}\nabla_a n^c\nabla_b n^d = \mathcal{R}_{ab}n^a n^b + \left\{ \begin{array}{l} \text{ignorable} \\ \text{total divergence} \end{array} \right.$$

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- ▶ *Alternative, dimensionless, form in GR:*

$$\mathcal{K}_g \equiv -\frac{1}{8\pi}(L_P^2 R_{ab}n^a n^b)$$