## Lectures 2,3: Classical Generation of Gravitational Waves

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## 1 Linearized GR with source $T_{\mu\nu}$

In Lecture 1, we saw that, in Lorentz gauge, the linearized Einstein equation is

$$\Box h_{\alpha\beta} = -16\pi T_{\alpha\beta}.\tag{1}$$

To solve this equation, first find the Green's function G(x, x') which represents the response to a delta-function source at spacetime point x':

$$\Box G(x, x') = \delta^4(x - x'). \tag{2}$$

We can solve this in Fourier space:

$$G(x, x') = \int \frac{d^4k}{(2\pi)^4} \frac{\mathrm{e}^{ik_{\mu}(x^{\mu} - x'^{\mu})}}{-k^2}.$$
 (3)

To perform the  $d^4k$  integral, start with the  $dk^0$  integral. Since  $-k^2 = (k^0)^2 - \vec{k}^2$ appears in the denominator, the integrand has two poles at  $k^0 = \pm |\vec{k}|$ . We have to decide how the  $k^0$  integration contour goes around the poles in the complex  $k^0$  plane: different choices correspond to different Green's functions (*e.g.* the retarded, advanced, or Feynman Green's functions). To obtain the retarded Green's function, proportional to Heaviside function  $\theta(t - t')$ , we should choose the contour that passes *above* both poles in the complex  $k^0$  plane; then we can evaluate the  $k^0$  integral via the residue theorem to obtain

$$G(x,x') = i\theta(t-t') \int \frac{d^3\vec{k}}{(2\pi)^3} \frac{e^{i\vec{k}\cdot(\vec{x}-\vec{x}')}}{2\omega} [e^{i\omega(t-t')} - e^{-i\omega(t-t')}]$$
(4a)

$$=\frac{i\theta(t-t')}{(2\pi)^3}\int_0^\infty d\omega\,\omega^2 \int_{-1}^1 d\mu \int_0^{2\pi} \frac{\mathrm{e}^{i\omega|\vec{x}-\vec{x}'|\mu}}{2\omega} [\mathrm{e}^{i\omega(t-t')}-\mathrm{e}^{-i\omega(t-t')}] \quad (4\mathrm{b})$$

$$= \frac{\theta(t-t')}{2|\vec{x}-\vec{x}'|(2\pi)^2} \int_0^\infty d\omega [e^{i\omega|\vec{x}-\vec{x}'|} - e^{-i\omega|\vec{x}-\vec{x}'|}] [e^{i\omega(t-t')} - e^{-i\omega(t-t')}] (4c)$$

$$= \frac{-1}{4\pi |\vec{x} - \vec{x}'|} \theta(t - t') \delta[(t - t') - |\vec{x} - \vec{x}'|]$$
(4d)

where from the 1st to 2nd line we have written the  $d^3\vec{k}$  integral in spherical coordinates ( $\mu = \cos\theta$ , where  $\theta$  is the angle between  $\vec{k}$  and  $\vec{x} - \vec{x}'$ ); from the 2nd to 3rd line we have evaluated the  $d\varphi$  and  $d\mu$  integrals; and from the 3rd to 4th line we have evaluated the  $d\omega$  integral.

The retarded Green's function G(x, x') represents the response to a delta function source at spacetime point x'; and the general solution to the wave equation (1) is obtained by convolving the Green's function with the source:

$$\overline{h}_{\mu\nu}(x) = \int d^4x' G(x, x') [-16\pi T_{\mu\nu}(x')]$$
(5a)

$$= \int d^{3}\vec{x}' \frac{4}{|\vec{x} - \vec{x}'|} T_{\mu\nu}(\vec{x}', t - |\vec{x} - \vec{x}'|)$$
(5b)

Now, if  $T_{\mu\nu}$  is a distant, localized, Newtonian source at distance  $|\vec{x} - \vec{x}'| \approx r$  this becomes

$$\overline{h}_{ij}(x) \approx \frac{4}{r} \int d^3 \vec{x}' T^{ij}(\vec{x}', t-r)$$
(6a)

$$= \frac{2}{r} \int d^3 \vec{x}' T^{kl}_{,kl}(\vec{x}',t-r) \vec{x}'^i \vec{x}'^j$$
(6b)

$$= \frac{2}{r} \int d^3 \vec{x}' T^{00}_{,00}(\vec{x}', t-r) \vec{x}'^i \vec{x}'^j$$
(6c)

$$= \frac{2}{r}\ddot{Q}_{ij}(t-r) \tag{6d}$$

where, from the 1st to 2nd line we have used the identity

$$T^{ij} = (T^{ik}x^j + T^{jk}x^i)_{,k} - \frac{1}{2}(T^{kl}x^ix^j)_{,kl} + \frac{1}{2}T^{kl}_{,kl}x^ix^j$$
(7)

and thrown away the total divergence terms (since, by Stokes' theorem, they are converted to surface integrals that vanish when the surface is taken outside the source); from the 2nd to 3rd line we have used the identity  $T^{kl}_{,kl} = T^{00}_{,00}$ , which follows from conservation of stress energy  $T^{\mu\nu}_{,\nu} = 0$ ; and from the 3rd to 4th line we have introduced the quadrupole tensor

$$Q_{ij}(t) = \int d^3 \vec{x} \rho(\vec{x}) \vec{x}^i \vec{x}^j.$$
(8)

and used the notation  $\ddot{Q} = d^2 Q/dt^2$ . Now, taking the TT part of both sides, we finally arrive at the classic formula for the gravitational waveform produced by a localized Newtonian source:

$$h_{ij}^{TT}(t) = \frac{2}{r} \ddot{Q}_{ij}^{TT}(t-r).$$
(9)

where the TT part of Q is obtained as

$$Q_{ij}^{TT} = P_{ik}(\hat{n})P_{jl}(\hat{n})[Q_{kl} - \frac{1}{3}\delta_{kl}\operatorname{Tr} Q].$$
 (10)

Here  $\hat{n}$  is the direction to (or from) the source, and  $P_{ij}(\hat{n}) = \delta_{ij} - \hat{n}_i \hat{n}_j$  is the transverse projection operator.

Next let us compute the luminosity of the system. First note that gravitational waves have an effective stress-energy tensor

$$T^{gw}_{\mu\nu} = \frac{1}{32\pi} \langle h^{TT}_{ij,\mu} h^{TT}_{ij,\nu} \rangle.$$
 (11)

So if we integrate  $T_{00}^{gw} = (1/8\pi r^2) \langle \tilde{Q}_{ij}^{TT} \tilde{Q}_{ij}^{TT} \rangle$  (the gravitational wave energy density) over a sphere far from the source (where the gravitational waves are propagating radially outward at the speed of light) we find that the total luminosity is

$$L = \frac{1}{5} \langle \ddot{Q}_{ij}^T \ddot{Q}_{ij}^T \rangle \tag{12}$$

where  $Q_{ij}^T = Q_{ij} - \frac{1}{3}\delta_{ij}Q$  is the traceless (but not transverse) part of  $Q_{ij}$ .

## 2 Binary inspiral

Consider a binary with mass  $M_1$  at position  $\vec{r_1}$  and mass  $M_2$  at position  $\vec{r_2}$ . This system has quadrupole moment

$$Q_{ij} = \mu \bar{r}_{21}^i \bar{r}_{21}^j \tag{13}$$

where  $\vec{r}_{21} \equiv \vec{r}_2 - \vec{r}_1$  is the displacement vector, and  $\mu \equiv M_1 M_2 / (M_1 + M_2)$  is the reduced mass. The equation of motion is

$$\frac{d^2 \vec{r}_{21}}{dt^2} = -\frac{M}{r_{21}^3} \vec{r}_{21} \tag{14}$$

where  $M \equiv M_1 + M_2$  is the total mass. Without loss of generality, let us take the binary to orbit in the xy-plane, with separation a, so

$$\vec{r}_{21} = a(\hat{x}\cos\omega t + \hat{y}\sin\omega t), \qquad \omega = \sqrt{(M_1 + M_2)/a^3}$$
 (15)

and the traceless part of the quadrupole tensor becomes

$$Q_{ij}^{T} = \mu a^{2} \begin{pmatrix} \cos^{2}\omega t - \frac{1}{3} & \cos\omega t \sin\omega t & 0\\ \cos\omega t \sin\omega t & \sin^{2}\omega t - \frac{1}{3} & 0\\ 0 & 0 & -\frac{1}{3} \end{pmatrix}$$
(16)

Now consider a point in the direction  $\hat{n} = (\sin\theta \cos\varphi, \sin\theta \sin\varphi, \cos\theta)$ , at a distance r from the source; as an exercise, you can construct the  $3 \times 3$  matrix corresponding to the projection operator  $P_{ij}(\hat{n}) = \delta_{ij} - \hat{n}_i \hat{n}_j$ ; then perform the matrix multiplication  $Q^{TT} = P(\hat{n})Q^T P(\hat{n})$  to construct the transverse traceless part of Q, and finally take 2 time derivatives to explicitly obtain the  $\ddot{Q}_{ij}^{TT}$  and hence the gravitational waveform at an arbitrary distance and direction from the source via Eq. (9). We can also plug  $Q_{ij}^T$  into equation (12) to find

$$L_{gw} = \frac{dE_{gw}}{dt} = \frac{32}{5} \frac{\mu^2 M^3}{a^5}.$$
 (17)

The gravitational waves carry away energy from the orbit:  $dE_{\text{orbit}}/dt = -dE_{\text{gw}}/dt$ , where  $E_{\text{orbit}} = -M\mu/2a$ . As a result, the orbital separation gradually decreases:

$$\frac{da}{dt} = \frac{dE_{\rm orbit}/dt}{dE_{\rm orbit}/da} = -\frac{64}{5}\frac{\mu M^2}{a^3}.$$
(18)

If this system starts at a finite separation  $a_0$ , we can integrate this equation to discover that the system inspirals and merges in a finite time:

$$t_{\rm merger} = \frac{5}{256} \frac{a_0^4}{M^2 \mu} = \frac{5}{256} \frac{1}{\omega^{8/3} M^{2/3} \mu}.$$
 (19)

As the system inspirals, the frequency of the orbit (and hence the frequency of the gravitational wave, which is twice the frequency of the orbit) increases by virtue of Kepler's law:  $\omega^2 = M/a^3$ ; and, at the same time, the amplitude of the gravitational wave also increases, since  $\ddot{Q} \sim \mu a^2 \omega^2 = \mu M/a$ . So the combined effect produces a characteristic "chirping" gravitational waveform, which I will draw on the blackboard.