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# Effective Field Theory and Nuclear Forces

#### Lecture 1: Introduction & first look into ChPT

Lecture 2: Chiral EFT for two nucleons

- 2N beyond ERE: low-energy theorems
- Low-energy theorems for perturbative pions
- Exactly solvable (separable) toy model
- Toy model with local interactions
- Derivation of nuclear forces in chiral EFT



### **2N beyond ERE: Low-Energy Theorems**

Both ERE &  $\pi$ -EFT provide an expansion of NN observables in powers of  $k/M_{\pi}$ , have the same validity range and incorporate the same physics

 $\implies$  ERE ~ $\pi$ -EFT (in the NN sector)

Two-range potential 
$$V(r) = V_L(r) + V_S(r)$$
,  $M_L^{-1} \gg M_H^{-1}$ 

 $\bigcirc$   $F_{l}(k^{2})$  is meromorphic in  $|k| < M_{L}/2$ 

$$\bigcirc \left( F_l^M(k^2) \equiv M_l^L(k) + \frac{k^{2l+1}}{|f_l^L(k)|^2} \cot \left[ \delta_l(k) - \delta_l^L(k) \right] \right)$$

$$\underbrace{f_l^L(k)}_{r \to 0} = \lim_{r \to 0} \left( \frac{l!}{(2l)!} (-2ikr)^l f_l^L(k,r) \right)$$

*Jost function for*  $V_L(r)$ 

Jost solution for  $V_L(r)$ 

$$M_{l}^{L}(k) = Re\left[\frac{(-ik/2)^{l}}{l!} \lim_{r \to 0} \left(\frac{d^{2l+1}}{dr^{2l+1}} \frac{r^{l} f_{l}^{L}(k,r)}{f_{l}^{L}(k)}\right)\right]$$

Per construction,  $F_l^M$  reduced to  $F_l$  for  $V_L = 0$ and is meromorphic in  $|k| < M_H/2$ 



modified effective range function Haeringen, Kok '82



### **2N beyond ERE: Low-Energy Theorems**

#### **Example: proton-proton scattering**

$$F_{C}(k^{2}) = C_{0}^{2}(\eta) k \operatorname{cot}[\delta(k) - \delta^{C}(k)] + 2k \eta h(\eta) = -\frac{1}{a^{M}} + \frac{1}{2}r^{M}k^{2} + v_{2}^{M}k^{4} + \dots$$
where  $\delta^{C} \equiv \arg \Gamma(1 + i\eta)$ ,  $\eta = \frac{m}{2k}\alpha$ ,  $C_{0}^{2}(\eta) = \frac{2\pi\eta}{e^{2\pi\eta} - 1}$ ,  $h(\eta) = \operatorname{Re}\left[\Psi(i\eta)\right] - \ln(\eta)$ 
Coulomb phase shift Sommerfeld factor Digamma function  $\Psi(z) \equiv \Gamma'(z)/\Gamma(z)$ 

#### **MERE** and low-energy theorems

Long-range forces impose correlations between the ER coefficients (low-energy theorems) Cohen, Hansen '99; Steele, Furnstahl '00

$$F_{l} \equiv k^{2l+1} \cot \delta_{l} = -\frac{1}{a} + \frac{1}{2}rk^{2} + v_{2}k^{4} + \dots = \frac{A_{l}F_{l}^{L} - k^{4l+2}}{A_{l} + F_{l}^{L}}$$

where  $F_{l}^{L} = k^{2l+1} \cot \delta_{l}^{L}$ ,  $A_{l} = (F_{l}^{M} + M_{l}^{L})|f_{l}^{L}(k)|^{2}$ 

depend on  $F_l^M$  and quantities calculable from  $V_L$ 

Compute  $\delta_l^L(k)$ ,  $f_l^L(k)$ ,  $M_l^L(k)$  from  $V_L$  and use first *n* coefficients in the MERE as input

$$F_l^M(k^2) = -\frac{1}{a^M} + \frac{1}{2}r^M k^2 + v_2^M k^4 + v_3^M k^6 + v_4^M k^8 + \dots$$

 $\implies$  reproduce first *n* ERE coefficients and make predictions for all the higher ones (LETs)

### 2N with perturbative pions

### **<u>Chiral EFT for few nucleons:</u>** are pions perturbative?

It is straightforward to generalize the  $\kappa$ SW power counting assuming that  $\pi$ -exchanges can be treated in perturbation theory, i.e.:



$$T(k) = T^{(-1)}(k) + T^{(0)}(k) + T^{(1)}(k) + \dots$$

EFT without pions



EFT with perturbative pions

## Testing 2N with perturbative $\pi$ 's: LETs

#### Solution (Cohen & Hansen '99,'00; E.E. & Gegelia '09)

If pions are properly incorporated, one should be able to go beyond the effective range expansion, i.e. to predict the shape parameters.



Higher-order KSW calculation (Mehen & Stewart '00)

NNLO results obtained by Mehen & Stewart show no signs of convergence in spin-triplet channels



 $\implies$  it seems necessary to treat pions non-perturbatively at momenta  $p \sim M_{\pi}$ 

see, however, Beane, Kaplan, Vuorinen, arXiv:0812.3938 for an alternative scenario

## Two nucleons: chiral EFT à la Weinberg

Weinberg '90, '91

Perturbation theory fails due to enhancement caused by reducible (i.e. infrared divergent in the limit  $m_N \rightarrow \infty$ ) diagrams.



#### Weinberg's approach

- Irreducible contributions can be calculated using ChPT
- Reducible contributions enhanced and should be summed up to infinite order



### Two nucleons: chiral EFT à la Weinberg

 $V_{\rm cont}$ ,  $V_{\pi}$  grow with increasing momenta  $\implies$  LS equation must be regularized & renormalized

$$T(\vec{p},\vec{k}\,) = \left[V_{\rm cont}(\vec{p},\vec{k}\,) + V_{\pi}(\vec{p},\vec{k}\,)\right] + \int \frac{d^3q}{(2\pi)^3} \left[V_{\rm cont}(\vec{p},\vec{q}\,) + V_{\pi}(\vec{p},\vec{q}\,)\right] \frac{m}{k^2 - q^2 + i\epsilon} T(\vec{q},\vec{k}\,)$$

#### **Regularization of the LS equation**

- DR difficult to implement numerically due to appearance of power-law divergences Phillips et al.'00
- Cutoff (employed in most applications)
  - needs to be chosen  $\Lambda \gg M_{\pi}$  to avoid large artifacts (i.e. large  $1/\Lambda^n$ -terms)
  - $\Lambda$  can be employed at the level of  $\mathcal{L}_{eff}$  in order to preserve all relevant symmetries Slavnov '71; Djukanovic et al. '05,'07; also Donoghue, Holstein, Borasoy '98,'99

#### **Renormalization à la Lepage**

Ordonez et al.'96; Park et al.'99; E.E. et al.'00,'04,'05; Entem, Machleidt '02,'03

Choose  $\Lambda \sim M_{hard}$  & tune the strengths of  $C_i(\Lambda)$  to fit low-energy observables.

- $\subseteq$  generally, can only be done numerically; requires solving nonlinear equations for  $C_i(\Lambda)$ ,
- $\odot$  residual  $\Lambda$  dependence in observables survives,
- self-consistency checks via "Lepage plots"

Two-range (  $m_l \ll m_s \sim m$  ) spin-less separable model:

$$V(p, p') = v_l F_l(p) F_l(p') + v_s F_s(p) F_s(p')$$

with the formfactors  $F_l(p) \equiv \frac{\sqrt{p^2 + m_s^2}}{p^2 + m_l^2}$  and  $F_s(p) \equiv \frac{1}{\sqrt{p^2 + m_s^2}}$ 

Lippmann-Schwinger equation (S-wave)

$$T(p', p; k) = V(p', p) + 4\pi \int \frac{l^2 dl}{(2\pi)^3} V(p', l) \frac{m}{k^2 - l^2 + i\epsilon} T(l, p; k)$$

can be solved analytically for interactions of a separable kind.

I require a "natural" scattering length  $a = \alpha_{s,l}/m_{s,l}$  with  $|\alpha_{s,l}| \sim 1$ 

$$\implies v_l = -\frac{8\pi m_l^3 \alpha_l}{m \left(\alpha_l m_s^2 + m_l^2 \alpha_l - 2m_s^2\right)} \quad \text{and} \quad v_s = -\frac{4\pi m_s \alpha_s}{m \left(\alpha_s - 1\right)}$$

(strong long-range and weak short-range interactions at momenta  $k \sim m_l$ )

"Chiral" expansion of the coefficients in the ERE (S-wave):

$$a, r = \frac{1}{m_l} \left[ \gamma_{a,r}^{(0)} + \gamma_{a,r}^{(1)} \frac{m_l}{m_s} + \gamma_{a,r}^{(2)} \frac{m_l^2}{m_s^2} + \dots \right]$$
$$v_i = \frac{1}{m_l^{2i-1}} \left[ \gamma_{v_i}^{(0)} + \gamma_{v_i}^{(1)} \frac{m_l}{m_s} + \gamma_{v_i}^{(2)} \frac{m_l^2}{m_s^2} + \dots \right]$$

depend on the details of the interaction

Explicit calculation for the considered model yields:

• Scattering length:  $\gamma_a^{(0)} = \alpha_l$ ,  $\gamma_a^{(1)} = (\alpha_l - 1)^2 \alpha_s$ ,  $\gamma_a^{(2)} = (\alpha_l - 1)^2 \alpha_l \alpha_s^2$ , ... • Effective range:  $\gamma_r^{(0)} = \frac{3\alpha_l - 4}{\alpha_l}$ ,  $\gamma_r^{(1)} = \frac{2(\alpha_l - 1)(3\alpha_l - 4)\alpha_s}{\alpha_l^2}$ ,  $\gamma_r^{(2)} = \frac{(\alpha_l - 1)(3\alpha_l - 4)(5\alpha_l - 3)\alpha_s^2 + (2 - \alpha_l)\alpha_l^2}{\alpha_l^3}$ , ...

## Low-energy theorems à la KSW

Effective theory: 
$$V_{\text{eff}}(p, p') = v_l F_l(p) F_l(p') + \left[C_0 + C_2(p^2 + {p'}^2) + \dots\right]$$

**KSW-like approach:** use subtractive renormalization ( $\implies$  power counting at the level of diagrams) and keep track of the soft scales  $Q = \{k, m_l, \mu\}$ 

**Example of subtractive renormalization** 

$$I^{\rm reg} \equiv \int_0^{\Lambda} \frac{l^2 dl}{k^2 - l^2 + i\epsilon} = -\Lambda - i\frac{\pi}{2}k + \mathcal{O}(\Lambda^{-1}) \qquad \qquad I^{\rm subtr} \equiv \lim_{\Lambda \to \infty} \left[ I^{\rm reg} + \int_{\mu}^{\Lambda} dl \right] = -\mu - i\frac{\pi}{2}k$$

Low-momentum expansion for the amplitude up to NNLO



### Low-energy theorems à la KSW

#### Effective range function up to NNLO

$$k \cot \delta = -\frac{4\pi}{m} \Re \left[ \underbrace{\frac{1}{T^{(-1)}}}_{\sim Q} - \underbrace{\frac{T^{(0)}}{[T^{(-1)}]^2}}_{\sim Q^2} + \underbrace{\frac{[T^{(0)}]^2}{[T^{(-1)}]^3}}_{\sim Q^3} - \underbrace{\frac{T^{(1)}}{[T^{(-1)}]^2}}_{\sim Q^3} \right]$$

• LO: (leading long-range)  $k \cot \delta = -\frac{m_l}{\alpha_l} + \frac{(3\alpha_l - 4)}{2m_l\alpha_l}k^2 + \frac{(\alpha_l - 2)}{2m_l^3\alpha_l}k^4$ .  $\gamma_{a,r}^{(0)} and \gamma_{v_i}^{(0)} correctly reproduced for \forall i$ 

NLO: use  $\gamma_a^{(1)}$  as input to fix  $C_0^{(0)}$  and predict  $\gamma_r^{(1)}$  and  $\gamma_{v_i}^{(1)}$  for  $\forall i$ 

For example, the predicted effective range:  $r = \frac{1}{m_l} \left[ \frac{3\alpha_l - 4}{\alpha_l} + \frac{2(\alpha_l - 1)(3\alpha_l - 4)\alpha_s}{\alpha_l^2 m_s} m_l \right].$ 

NNLO: use  $\gamma_a^{(2)}$  as input to fix  $C_0^{(1)}$  and predict  $\gamma_r^{(2)}$  and  $\gamma_{v_i}^{(2)}$  for  $\forall i$ 

$$r = \frac{1}{m_l} \left[ \frac{3\alpha_l - 4}{\alpha_l} + \frac{2\left(\alpha_l - 1\right)\left(3\alpha_l - 4\right)\alpha_s}{\alpha_l^2 m_s} m_l + \frac{\left(\alpha_l - 1\right)\left(3\alpha_l - 4\right)\left(5\alpha_l - 3\right)\alpha_s^2 + \left(2 - \alpha_l\right)\alpha_l^2}{\alpha_l^3 m_s^2} m_l^2 + \mathcal{O}\left(Q^4\right) \right] \right]$$

## Low-energy theorems à la Weinberg

It is difficult to apply the above renormalization scheme to OPEP (non-separable)  $\implies$  cutoff regularization and the Weinberg-Lepage scheme:



Expansion for the amplitude in Weinberg's approach

■ LO: same as before (only long-range force),  $\implies \gamma_{a,r}^{(0)}$  and  $\gamma_{v_i}^{(0)}$  correctly reproduced for  $\forall i$ 

#### • NLO: $V_{\text{eff}}(p, p') = V_{\text{long}}(p, p') + C_0$

Solve the LS equation for a given value of  $\Lambda$  and adjust the LEC  $C_0(\Lambda)$  to reproduce the scattering length

## Low-energy theorems à la Weinberg

$$a = \frac{\pi m_s \left\{ C_0 m \left[ 2\alpha_l \left( m_s \left(\Lambda - sm_l \right) + 2m_l^2 \ln(m_s/2\Lambda) \right) + \pi m_l m_s \right] + 4\pi^2 \alpha_l m_s \right\}}{m_l \left[ 2\pi m_s^2 \left( C_0 m\Lambda + 2\pi^2 \right) - C_0 mm_l \alpha_l \left[ sm_s - 2m_l \ln(m_s/2\Lambda) \right]^2 \right]}$$

$$\stackrel{(!)}{=} \underbrace{\frac{m_l \left( 2\alpha_l - 1 \right) \alpha_s - \alpha_l m_s}{m_l \left( m_l \alpha_l \alpha_s - m_s \right)}}_{\text{scatt. length in the underlying model}} \implies C_0(\Lambda) = \dots \qquad \begin{pmatrix} 2\sqrt{m_s^2 - m_l^2}/m_s \right) \operatorname{arccot} \left( m_l/\sqrt{m_s^2 - m_l^2} \right)$$

#### Prediction for the effective range:

$$r = \frac{1}{m_l} \left[ \underbrace{\frac{3\alpha_l - 4}{\alpha_l}}_{\gamma_r^{(0)}} + \underbrace{\frac{2(\alpha_l - 1)(3\alpha_l - 4)\alpha_s}{\alpha_l^2}m_l}_{\gamma_r^{(1)}} + \underbrace{\left(\frac{4(\alpha_l - 2)\alpha_s}{\pi\alpha_l}\left(\ln\frac{m_s}{2\Lambda} + 1\right) + \frac{(\alpha_l - 1)(3\alpha_l - 4)(5\alpha_l - 3)\alpha_s^2 + (2 - \alpha_l)\alpha_l^2}{\alpha_l^3}\right)m_l^2}_{\gamma_r^{(2)}} \right] \frac{m_l^2}{m_s^2} + \mathcal{O}\left(m_l^3\right)\right]$$

The first nontrivial LET for  $\gamma_r^{(1)}$  correctly reproduced provided one chooses  $\Lambda \sim m_s$ . Same conclusions for the shape parameters  $v_i$ .

## **Misconception: Infinite cutoff limit**

It is possible to take the limit  $\Lambda \to \infty$  for *T*-matrix while keeping the scattering length correctly reproduced. Notice that the infinite cutoff limit does not commute with the "chiral expansion", i.e. with the Taylor expansion of *r* in powers of  $m_l$ :

$$\lim_{\Lambda \to \infty} T_{m_l} \left[ m_l \, r(m_l, m_s, \Lambda) \right] \neq T_{m_l} \left[ \lim_{\Lambda \to \infty} m_l \, r(m_l, m_s, \Lambda) \right]$$
Taylor expansion

→ finite cutoff-removed result for the effective range:

$$r_{\infty} = \frac{m_l^3 \alpha_s + m_l^2 (\alpha_l - 2) m_s + m_l (2\alpha_l - 3) m_s^2 \alpha_s + (4 - 3\alpha_l) m_s^3}{m_l m_s^2 (m_l (2\alpha_l - 1) \alpha_s - \alpha_l m_s)}$$

$$=\frac{1}{m_{l}}\left[\underbrace{\frac{3\alpha_{l}-4}{\alpha_{l}}}_{\gamma_{r}^{(0)}}+\underbrace{\frac{4\left(\alpha_{l}-1\right)^{2}\alpha_{s}}{\alpha_{l}^{2}}}_{\neq\gamma_{r}^{(1)}}\underbrace{\frac{m_{l}}{m_{s}}}_{\neq\gamma_{r}^{(1)}}+\underbrace{\frac{\alpha_{l}^{3}\left(8\alpha_{s}^{2}-1\right)+\alpha_{l}^{2}\left(2-20\alpha_{s}^{2}\right)+16\alpha_{l}\alpha_{s}^{2}-4\alpha_{s}^{2}}{\alpha_{l}^{3}}\underbrace{\frac{m_{l}^{2}}{m_{s}^{2}}}_{\neq\gamma_{r}^{(1)}}+\mathcal{O}\left(m_{l}^{3}\right)\right]$$

the first non-trivial LET is broken after taking the limit  $\Lambda o \infty$ 

Similarly, the LETs for the shape parameters are also broken in the infinite- $\Lambda$  limit.

## Toy model with a local potential



#### **Effective theory**

At low energy,  $q \sim M_l \ll M_h$ , the precise structure of  $V_{\text{short-range}}$  is irrelevant is irrelevant is mimic  $V_{\text{short-range}}$  by a generic set of point-like interactions

$$V \to V_{\text{eff}} = V_{\text{long-range}} + \left[ C_0 + C_2 \left( \vec{p}^2 + \vec{p'}^2 \right) + C_4 \vec{p}^2 \vec{p'}^2 + \dots \right] \exp \left( -\frac{\vec{p}^2 + \vec{p'}^2}{\Lambda^2} \right)$$

$$\downarrow \dots \qquad \downarrow M_l \qquad + \downarrow M_h \qquad \downarrow \dots \qquad \downarrow M_l \qquad + \downarrow M_h \qquad + \coprod M_h \qquad$$

## Toy model with a local potential



Error at order  $\nu$ :  $\Delta\delta(k) \sim (k/\bar{\Lambda})^{2\nu}$ ,  $\bar{\Lambda} \sim 400 \text{ MeV}$  agrees with  $\bar{\Lambda} \sim M_h/2$ Results for the bound state:  $E_B = \underbrace{2.1594}_{LO} + \underbrace{0.0638}_{NLO} - \underbrace{0.0003}_{NNLO} = 2.2229 \text{ MeV}$ 

#### Lessons learned:

- Incorporate the correct long-range force.
- $\bigcirc$  Add local correction terms to  $V_{\rm eff}$  . Respect symmetries.
- Introduce an ultraviolet cutoff  $\Lambda$  of the order of the natural hard scale.
- Fix unknown constants from some date and make predictions.

At low energy model independent and systematically improvable approach!

# **Further reading**

Breakdown of NN EFT with perturbative pions

- Cohen, Hansen, Phys. Rev. C59 (99) 13; Phys. Rev. C59 (99) 3047; arXiv:nucl-th/9908049
- Fleming, Mehen, Stewart, Nucl. Phys. A677 (00) 313

How to renormalize the Schrödinger equation

- Lepage, "How to renormalize the Schrödinger equation", arXiv:nucl-th/9706029
- Lepage, "Tutorial: renormalizing the Schrödinger equation", talk at the INT Program 00-2 "Effective Field Theories and Effective Interactions", see:

http://www.int.washington.edu/talks/WorkShops/int\_00\_2/People/Lepage\_TUT/ht/01.html

E.E., Gegelia, Eur. Phys. J. A41 (09) 341

## Nuclear chiral EFT à la Weinberg

Weinberg '90, '91

#### Weinberg's approach

- Irreducible contributions can be calculated using ChPT
- Reducible contributions enhanced and should be summed up to infinite order





#### Structure of chiral nuclear forces

$$V_{\text{eff}} = \sum_{\nu} \left[ \underbrace{V_{\text{short-range}}^{(\nu)}}_{parametrized} + \underbrace{V_{\text{long-range}}^{(\nu)}}_{\chi\text{-symm. constrained}} \right]$$

— how to derive nuclear forces from  $\mathcal{L}_{\mathrm{eff}}$  ?

Nuclear forces are defined as irreducible (i.e. non-iterative) contributions to the amplitude and can be derived using various methods.

#### S-matrix-based method

Robilotta, da Rocha '97; Kaiser et al. '97,'01,...; Higa et al. '03,'04; ...

Idea: the potential is derived through (perturbative) matching to the scattering amplitude.



#### **Old-fashioned time-ordered perturbation theory**

Weinberg '90,'91; Ordonez et al. '92,'94; van Kolck '94

Consider mesons interacting with non-relativistic nucleons:

Schrödinger equation:

**Effective Schrödinger equation for**  $|\phi\rangle$ :

$$\begin{split} \psi \rangle &= \frac{1}{E - \lambda H \lambda} H |\phi\rangle \implies \left( H_0 + V_{\text{eff}}^{\text{t-o}}(E) \right) |\phi\rangle = E |\phi\rangle \\ \text{where} \quad V_{\text{eff}}^{\text{t-o}}(E) &= \eta H_I \eta + \eta H_I \lambda \frac{1}{E - \lambda H \lambda} \lambda H_I \eta \\ &= \eta H_I \eta + \eta H_I \frac{\lambda}{E - H_0} H_I \eta + \eta H_I \frac{\lambda}{E - H_0} H_I \frac{\lambda}{E - H_0} H_I \eta + \dots \end{split}$$

•  $V_{\text{eff}}^{\text{t-o}}$  depends on E•  $|\phi\rangle$  not orthonormal:  $\langle \phi_i | \phi_j \rangle = \langle \Psi_i | \Psi_j \rangle - \langle \psi_i | \psi_j \rangle = \delta_{ij} - \langle \phi_i | H_I \left(\frac{1}{E - \lambda H \lambda}\right)^2 H_I | \phi_j \rangle$ 

#### **Method of unitary transformation**

Taketani, Mashida, Ohnuma'52, Okubo '54, E.E., Glöckle, Meißner '98,'00,'05

Find a unitary operator U such that:  $\tilde{H} \equiv U^{\dagger} \begin{pmatrix} \eta H \eta & \eta H \lambda \\ \lambda H \eta & \lambda H \lambda \end{pmatrix} U = \begin{pmatrix} \eta \tilde{H} \eta & 0 \\ 0 & \lambda \tilde{H} \lambda \end{pmatrix}$ 

no dependence on energy (per construction),

 $\bigcirc$  unitary transformation preserves the norm of  $|\phi\rangle$ 

#### How to compute U?

It is convenient to parameterize U in terms of the operator  $A = \lambda A \eta$  (Okubo '54):

$$U = \begin{pmatrix} \eta(1 + A^{\dagger}A)^{-1/2} & -A^{\dagger}(1 + AA^{\dagger})^{-1/2} \\ A(1 + A^{\dagger}A)^{-1/2} & \lambda(1 + AA^{\dagger})^{-1/2} \end{pmatrix}$$
  
Require that  $\eta \tilde{H}\lambda = \lambda \tilde{H}\eta = 0 \implies \lambda (H - [A, H] - AHA) \eta = 0$ 

The major problem is to solve the nonlinear decoupling equation.

Notice: similar methods widely used in particle & nuclear physics (Lee-Suzuki) and to deal with few- and many-body problems.

### **Example:** expansion in powers of the coupling constant $H_I = - \propto g \implies \text{ansatz:} A = A^{(1)} + A^{(2)} + A^{(3)} + \dots$

Recursive solution of the decoupling equation  $\lambda (H - [A, H] - AHA) \eta = 0$ 

$$g^{1}: \quad \lambda(H_{I} - [A^{(1)}, H_{0}])\eta = 0 \qquad \implies \qquad A^{(1)} = -\lambda \frac{H_{I}}{E_{\eta} - E_{\lambda}}\eta$$
$$g^{2}: \quad \lambda(H_{I} A^{(1)} - [A^{(2)}, H_{0}])\eta = 0 \qquad \implies \qquad A^{(2)} = -\lambda \frac{H_{I} A^{(1)}}{E_{\eta} - E_{\lambda}}\eta$$

In the static approximation, i.e. in the limit  $m \to \infty$ , one has:  $E_{\eta} - E_{\lambda} \sim E_{\pi}$ . One obtains:



Consider self-energy insertions at 2 non-interacting nucleons: Expect no contributions to the 2N Hamilton operator!

old-fashioned perturbation theory

old-fashioned perturbation theory  

$$V_{\text{eff}}^{\text{t-o}} = -\eta H_I \frac{\lambda}{E_{\pi}} H_I \frac{\lambda}{E_{\pi}} H_I \frac{\lambda}{E_{\pi}} H_I \eta$$

$$= \mathcal{M} \left( -\frac{2}{\omega_1 \omega_2 (\omega_1 + \omega_2)} - \frac{1}{\omega_1^2 (\omega_1 + \omega_2)} - \frac{1}{\omega_2^2 (\omega_1 + \omega_2)} \right)$$

$$= \mathcal{M} \left( -\frac{1}{\omega_1^2 \omega_2} - \frac{1}{\omega_1 \omega_2^2} \right)$$

$$= common isospin, spin \& momentum structure (depends on the form of H_I)$$

#### What is wrong ??



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### Application to chiral Lagrangians (E.E. et al., '98)

expansion in g



chiral expansion

#### **Power counting**



Count powers of Q using dimensional analysis Alternatively: count powers of  $\Lambda$ !

The only source of  $\Lambda$  are the coupling constants

$$\nu = -2 + \sum_{i} V_i \kappa_i$$

 $\mathcal{L}_{i} = c_{i} (N^{\dagger}(...)N)^{\frac{n_{i}}{2}} \pi^{p_{i}} (\partial_{\mu}, M_{\pi})^{d_{i}} \implies [c_{i}] = (mass)^{-\kappa_{i}} \text{ with } \kappa_{i} = d_{i} + \frac{3}{2}n_{i} + p_{i} - 4$ 

Remember:	Examples:
$\kappa_i < 0$ – relevant (superrenorm.)	$N^{\dagger} \boldsymbol{\tau} \vec{\sigma} N \cdot \vec{\nabla} \boldsymbol{\pi} \longrightarrow \kappa_i = 1$
$\kappa_i = 0$ – marginal (renorm.) $\kappa_i > 0$ – irrelevant (nonrenorm.)	$(N^{\dagger}N) (N^{\dagger}N) \longrightarrow \kappa_i = 2$

• expansion in coupling constant  $(H_i \sim g^{n_i}) \leftarrow \rightarrow$  chiral expansion  $(H_i \sim (Q/\Lambda)^{\kappa_i})$ • perturbation theory works since all  $\kappa_i > 0$  (as a consequence of  $\chi$ -symmetry)

**Example:** chiral  $2\pi$ -exchange potential proportional to  $g_A^4$ :

$$V_{2\pi}^{(2)}(q) = -\eta H_I \frac{\lambda}{E_{\pi}} H_I \frac{\lambda}{E_{\pi}} H_I \frac{\lambda}{E_{\pi}} H_I \eta + \frac{1}{2} \eta H_I \frac{\lambda}{E_{\pi}} H_I \eta H_I \frac{\lambda}{E_{\pi}^2} H_I \eta + \frac{1}{2} \eta H_I \frac{\lambda}{E_{\pi}^2} H_I \eta H_I \frac{\lambda}{E_{\pi}^2} H_I \eta H_I \frac{\lambda}{E_{\pi}} H_I \eta H_I$$

$$= -\frac{g_A^4}{384\pi^2 F_\pi^4} \left[ \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 \left( 20M_\pi^2 + 23q^2 + \frac{48M_\pi^4}{4M_\pi^2 + q^2} \right) - 18 \left( \vec{\sigma}_1 \cdot \vec{q} \, \vec{\sigma}_2 \cdot \vec{q} - q^2 \, \vec{\sigma}_1 \cdot \vec{\sigma}_2 \right) \right] L(q) + \dots$$

 $\sim \omega_{\pm} = \sqrt{(\vec{q} \pm \vec{l}) + 4M_{\pi}^2}$ 

where the loop function is given by (in DR):

$$L(q) = \frac{1}{q}\sqrt{4M_{\pi}^2 + q^2} \ln \frac{\sqrt{4M_{\pi}^2 + q^2} + q}{2M_{\pi}}$$

The integral has logarithmic and quadratic divergences can be absorbed into short-range terms:

$$V_{\text{cont}} = (\alpha_1 + \alpha_2 q^2) \boldsymbol{\tau}_1 \cdot \boldsymbol{\tau}_2 + \alpha_3 (\vec{\sigma}_1 \cdot \vec{q}) (\vec{\sigma}_2 \cdot \vec{q}) + \alpha_4 (\vec{\sigma}_1 \cdot \vec{\sigma}_2) q^2$$



# **Further reading**

#### Nuclear potentials from field theory

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## **Nuclear forces from chiral EFT**

